

# **Screening Tool and List of Gender Affirming Providers in California for Assisting Transgender and Gender-Nonconforming (TGNC) Minor and Nonminor Dependents in Foster Care**

## **I. SCREENING TOOL**

This screening tool provides specific questions to ask medical and mental health providers to help social workers, probation officers, and caregivers determine whether they are qualified and competent to provide gender-affirming care. Aside from practical experience, the most important qualification is compassion toward, and acceptance of, TGNC children, youth, and young adults.

### **Level of Experience:**

1. Do you have any patients who identify as transgender or gender non-conforming?
  - a. If so, what is the age range of your patients?
  - b. How long have you been treating transgender and GNC patients?
  - c. How many transgender or GNC patients have you treated?
  - d. Do you have experience providing GNC youth/young adults with referrals to gender-affirming provider for other types of healthcare services GNC youth/young adults may need?
  - e. For medical providers: do you have experience writing letters supporting a GNC patient's efforts to correct their identity documents?
  - f. For mental health providers: do you have experience writing letters documenting a patient's readiness for puberty-delaying medications and hormone-replacement therapy?
  
2. Does your practice have policies to ensure staff use the correct names and pronouns for transgender and GNC patients?
  - a. How long has that policy been in effect?
  - b. Has the staff been informed of that policy?
  - c. Has the staff been trained on the implementation of that policy?
  
3. For medical providers who haven't treated transgender or GNC youth/young adults, do you have experience with the following:
  - a. Prescribing and monitoring pediatric patients on GnRH analogues; and
  - b. Prescribing and monitoring pediatric patients on estradiol or testosterone.

### **Level of Knowledge:**

1. Are you familiar with any of the following:
  - a. The Standards of Care published by the World Professional Association for Transgender Health (WPATH);
  - b. Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline; or

- c. Ensuring Comprehensive Care and Support for Transgender and Gender Diverse Children and Adolescents, published by the American Academy of Pediatrics.
2. Have you ever participated in continuing education programs about transgender or GNC youth?
  - a. How many programs?
  - b. Who provided or delivered those programs?
  - c. And, on what topics?
  - d. How recently have you taken that program?

**Level of Interest:**

1. Would you be willing to collaborate with a provider who has experience working with transgender and GNC youth/young adults?
2. Would you be willing to attend trainings to develop your knowledge in this practice area?

**II. PROVIDERS OF GENDER-AFFIRMING MEDICAL AND MENTAL HEALTH IN CALIFORNIA**

Below is a list of medical and mental health providers throughout California. The list is divided geographically to assist social workers, probation officers, and caregivers in locating a competent provider of gender-affirming care. This list is not intended to be exhaustive and many, if not all, of the providers on this list will be able to provide additional referrals in their field and geographic area, if the providers listed are unable to provide care.

All of the providers listed accept MediCal, unless otherwise noted.

**Region I: (Imperial, Orange, Riverside, San Bernardino, San Diego Counties)**

Pediatric Gender Diversity Program (locations in Orange and Irvine)  
UCI Health  
101 The City Drive South  
Orange, CA 92868  
(714) 456-6025  
<http://www.ucihealth.org/medical-services/pediatric-gender-diversity>

Center for Gender-Affirming Care  
Rady Children's Hospital  
San Diego, CA  
(858) 576-1700  
<https://www.rchsd.org/programs-services/endocrinology-diabetes/services/gender-affirming-care/>

Jennifer Rickard, MFT  
San Diego, CA  
(619) 961-5058  
[www.JenniferRickardMFT.com](http://www.JenniferRickardMFT.com)

Darlene Tando, LCSW  
San Diego, CA  
(619) 948-8926  
[www.darlenetando.com](http://www.darlenetando.com)

**Region II: (Kern, Los Angeles, San Luis Obispo, Santa Barbara, Ventura Counties)**

The Center for Transyouth Health and Development  
Children's Hospital of Los Angeles  
5000 Sunset Blvd, Los Angeles, CA 90027  
(323) 361-5372  
<https://www.chla.org/the-center-transyouth-health-and-development>

Los Angeles LGBT Center  
1625 N. Schrader Blvd.  
Los Angeles, CA 90028-6213  
(323) 993-7500  
<https://lalgbtcenter.org/health-services/medical-services/transgender-health-program>

Los Angeles Gender Center (low cost/sliding scale)  
Los Angeles, CA  
(310) 475-8880  
<https://www.lagendercenter.org/>

**Region III: (Fresno, Inyo, Kings, Madera, Mariposa, Merced, Monterey, San Benito, Stanislaus, Tulare Counties)**

Planned Parenthood Mar Monte  
<https://www.plannedparenthood.org/planned-parenthood-mar-monte/patient-resources/transgender-services>

**Region IV: (Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara, Santa Cruz Counties)**

Child and Adolescent Gender Center Clinic (locations in San Francisco and Oakland)  
UCSF Benioff Children's Hospital  
1825 Fourth Street, San Francisco, CA 94158  
[http://www.ucsfbenioffchildrens.org/clinics/child\\_and\\_adolescent\\_gender\\_center](http://www.ucsfbenioffchildrens.org/clinics/child_and_adolescent_gender_center)

Dimensions Clinic  
Castro-Mission Health Center  
3850 17th Street, San Francisco, CA 94114  
<http://www.dimensionsclinic.org/>

East Bay Multi-Specialty Transitions Clinic  
Kaiser Permanente  
3779 Piedmont Ave., Ground floor, G-41  
Oakland, CA 94611  
(510) 752-7149  
<https://thrive.kaiserpermanente.org/care-near-you/northern-california/eastbay/departments/transgender-care/>

Gender Pathways Clinic  
Kaiser Permanente San Francisco Medical Center  
1635 Divisadero Street, 6th Floor  
San Francisco, CA 94115  
(415) 833-8767  
<https://thrive.kaiserpermanente.org/care-near-you/northern-california/sanfrancisco/departments/gender-pathways-clinic/>

Pediatric and Adolescent Center  
Lucile Packard Children's Hospital Stanford  
Palo Alto, CA  
(650) 721-1811  
<https://www.stanfordchildrens.org/en/service/gender>

Planned Parenthood Mar Monte  
<https://www.plannedparenthood.org/planned-parenthood-mar-monte/patient-resources/transgender-services>

**Region V: (Alpine, Amador, Butte, Calaveras, Colusa, Del Norte, El Dorado, Glen, Humboldt, Lake, Lassen, Mendocino, Modoc, Mono, Napa, Nevada, Placer, Plumas, Sacramento, San Joaquin, Shasta, Sierra, Siskiyou, Solano, Sonoma, Sutter, Tehama, Trinity, Tuolumne, Yolo, Yuba Counties)**

Gender Health Center  
2020 29th Street, Sacramento, CA  
(916) 455-2391  
<http://www.thegenderhealthcenter.org/index.html>

Planned Parenthood Mar Monte  
<https://www.plannedparenthood.org/planned-parenthood-mar-monte/patient-resources/transgender-services>