

Social- Emotional Toolkit



Supporting All
Children from
Birth through
Age 12

A Message from the California Department of Social Services

The California Department of Social Services (CDSS) is pleased to present the Social-Emotional Toolkit.

In recent years, resources and strategies to support children’s social and emotional development have expanded significantly. California, along with other states, has made substantial investments in promoting healthy development in early childhood settings. However, many educators continue to face challenges in accessing practical resources and supports for behaviors that may require additional management strategies. With increased emphasis on preventing suspension and expulsion in early learning environments, addressing these challenges is critical.

To support early childhood educators, CDSS developed the Social-Emotional Toolkit: Supporting All Children from Birth through Age 12. This toolkit was developed to promote social-emotional development and prevent suspension and expulsion in alignment with legislation designed to reduce exclusionary discipline practices in early childhood settings. The toolkit is intended to help providers and contractors access training, mental health consultation, social-emotional and positive behavior supports, and resources for children and families.

The toolkit serves as a curated collection of adaptable, evidence-based resources designed for staff working with children and families. It aims to bridge the gap between theory and practice, by offering practical strategies and guidance focused on promoting healthy development and preventing exclusionary discipline practices.

This toolkit is intended to improve access to relevant resources, address existing gaps, and support educators in implementing effective, evidence-based approaches. While it represents an important step, it is not exhaustive. The CDSS encourages ongoing feedback and continued efforts to strengthen supports for the field.



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Acknowledgments

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Leadership

The following individuals are gratefully acknowledged for their overall leadership:

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Social-Emotional Toolkit Input

This toolkit was developed with feedback from representatives from the California Department of Social Services (CDSS), the California Department of Education (CDE), and members of child care and development workforce.

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Introduction & Purpose

This toolkit is intended to serve as a resource to support educators and leaders in promoting healthy social-emotional development and preventing suspension and expulsion in early childhood programs. Our goal is to ensure that every educator, provider, and contractor in the Early Learning and Care (ELC) field has access to:

- High-quality training and mental health consultation.
- Positive behavior supports.
- Comprehensive resources for educators and directors/administrators.

This toolkit was designed to support early childhood educators (classroom teachers, child care providers, family friend or neighbor caregivers, afterschool program educators) and program leaders with practical pathways and resources. This toolkit serves as your integrated home for all resources in one place. This list is not exhaustive. If you have additional suggestions for resources to include, or if you encounter a broken link to a resource, please email CCDDPublications@dss.ca.gov.

The relationships and environments that educators create are powerful shapers of how children experience, express, and develop social-emotional skills. As you explore this toolkit, we encourage you to approach each child with curiosity, care, and openness, rather than assumptions about a child's intentions, abilities, or needs. Children's behaviors are influenced by many factors, including their cultural and linguistic knowledge, lived experience, relationships, and environments. Educators are encouraged to engage in ongoing self-reflection around their own positionality, values, and unconscious biases, as these can influence how behaviors are interpreted and responded to. Awareness of cultural differences, racial socialization, and potential mismatches between educator and child experience can help support more responsive relationships — and create learning environments where every child feels understood, valued, and supported.

Interactive Educator & Director Resources

Your Support Tools: Ideas, Tips, and Help

This PDF is your starting point. The toolkit itself comes to life in the interactive Microsoft Forms linked below. Each form guides you through a personalized experience and connects you directly to ready to use resources, strategies, and tools tailored to your needs. Just tap or click a START PATH link and explore the forms.

How to Use This Toolkit



Each pathway is built as a separate Microsoft Form you can access by clicking on the links in this PDF and it will open the form in your browser. There are two ways to use the toolkit. Choose whichever works best for you.

Option 1: Explore and collect as you go (no account needed). As you navigate through, click on any resource link that interests you. It will open in a new browser tab so you don't lose your place in the form. You can stop anytime and use what you found. There's no pressure to complete the whole form.

Option 2: Complete the full pathway for a curated list (free Microsoft account required). Work through all of the questions on the entire form, selecting the responses that feel most relevant to your situation. When you reach the end, click Submit. After submitting, you will see the option to click "save my responses" to edit. This will show everything you selected, including resources, in one place, ready to revisit or share. Please note that you will need a free Microsoft account to save and access your responses. If you do not have one and prefer not to create one, Option 1 may work better for you.

Tips for Navigating the Forms



Required fields: Any question marked with an asterisk (*) must be answered before you can move to the next page.

Accessing resources: Each resource has a title and a link. To view a resource, click the link next to its title. Selecting the answer choice next to a resource title does not open the resource, but it does record your selection and may unlock follow-up questions or additional resources on the next page.

External links: Clicking a resource link will open it in a new browser window. Your form will stay open in the background. You can switch back and forth between the resource and the form at any time.

Switching pathways: Each pathway is its own separate form. To move to a different pathway, return to this PDF and click the link for that pathway.

Section 1: The Educator Path

What support do you need today?

Instructions: Please identify the area where you are seeking support. Clicking a link below will take you to targeted resources, age-specific modifications, and strategies tailored to your setting's needs.

Path A: Understanding and Responding to Behavior

"I'm looking for support understanding and responding to children's behaviors I find challenging."

- [START PATH A: UNDERSTANDING AND RESPONDING TO BEHAVIOR](#)
- What's inside: Strategies for understanding and responding to children's behavior, from using Teaching Pyramid practices and visual supports to collaborating with directors and families or adjusting the classroom/setting environment.

Path B: Engaging and Partnering with Families

"I'm looking to build stronger relationships and communication with families."

- [START PATH B: ENGAGING AND PARTNERING WITH FAMILIES](#)
- What's inside: Strategies for partnering with families, supporting learning at home, and responding to concerns.

Path C: Professional Development & Reflective Practice

"I'm ready to grow my professional skills and reflect on my teaching approach."

- [START PATH C: PROFESSIONAL DEVELOPMENT & REFLECTIVE PRACTICE](#)
- What's inside: Tools for self-reflection and professional learning pathways focused on social-emotional health.

Path D: Classroom Team Practices: Communication & Collaboration

"I'm looking to strengthen collaboration and communication with the adults I work with."

- [START PATH D: COMMUNICATION & COLLABORATION](#)
- What's inside: Strategies for strengthening communication and collaboration across your classroom team. From building shared routines with co-teachers and support staff to coordinating with specialists, directors, and families for the children in your care.

Path E: Self-Care and Managing Stress

"I'm looking to focus on my own well-being so I can better support the children in my care."

- [START PATH E: SELF-CARE AND MANAGING STRESS](#)
- What's inside: A personal self-assessment and a curated list of resources to help manage daily stressors.

Section 2: The Director & Leader Path

Program Director / Supervisor / Administrator / FCC Owner

"I'm looking to strengthen my program and better support my staff and the families we serve."

- [START SECTION 2: DIRECTOR AND LEADER PATH](#)
- What's inside: From a program leadership perspective, on this path you will explore resources to support your leadership and build a healthy, reflective program environment.

Appendix: Resource Library Description

This appendix brings together the resources referenced throughout the toolkit in one place. It is meant to be a practical reference you can return to whenever questions come up or when you want new ideas to try.

Resources are grouped by path and listed with the type of resource and the age range it serves. Some resources are written for specific ages, but many can be used with children of different ages and in different types of settings.

You do not need to read or use everything here. Instead, you might:

- Start with the section that feels closest to what you're dealing with right now
- Choose one resource that feels doable or helpful
- Come back to this appendix as children's needs, routines, or situations change

This appendix is designed to offer options and support, recognizing that there is no one right way to respond and that caring for children is ongoing, flexible work.

Appendix Resource Library

This resource collection provides materials and guidance for California counties, communities, and early learning and care programs. While some of the resources included may be older, they continue to offer useful and applicable information. We are actively identifying new materials, and updates will be made as more resources are sourced/identified. The resources here are drawn from across the toolkit’s pathways and compiled in one place for easy reference and return visits.

Disclaimer: The resources and materials listed are intended as optional tools to support implementation and reflection. Their inclusion does not imply endorsement, partnership or approval by WestEd or the California Department of Social Services (CDSS), unless the resource is officially identified as part of their materials.

Resource Key



Article



Publication



Podcast



Tool



Checklist



Guide



Template



Video



Infographic



Tip Sheet



Webinar



Webpage



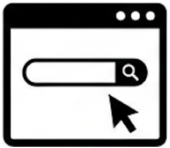
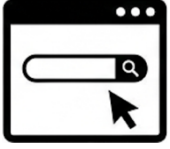
Handout

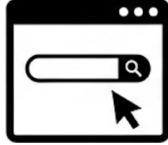
Section 1: The Educator Path

Path A: Understanding and Responding to Behavior

Resource Title	Resource Type	Age Range
Tiered Plan of Action Opens as a PDF	 Tool	Preschool
Helping Kids Notice How They Are Feeling	 Article	All Ages
Culturally Appropriate Positive Guidance with Young Children	 Article	All Ages
Planning for Positive Guidance: Powerful Interactions Make a Difference	 Tip Sheet	All Ages

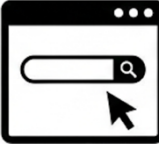
Resource Title	Resource Type	Age Range
Buzzwords Explained: Reflective Practice Guide	 Guide	All Ages
Checklist of Early Childhood Practices that Support Social Emotional Development and Trauma-Informed Care Opens as a PDF	 Checklist	All Ages
Pyramid Model Practices Implementation Checklist for Preschool Opens as a PDF	 Checklist	All Ages
CA Teaching Pyramid Teacher's Support Planning Sheet Opens as a PDF	 Tool	All Ages
Behavior and Engagement Tracking Form Opens as a PDF	 Tool	All Ages

Resource Title	Resource Type	Age Range
Daily Routine Opens as a PDF	 Tool	All Ages
Pro-Blackness in Early Childhood Education	 Article	All Ages
Universal Support Strategies	 Webpage	All Ages
WI-AIMH Micro Learning Videos	 Video	All Ages
Social Emotional Development	 Webpage	All Ages

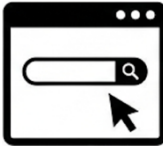
Resource Title	Resource Type	Age Range
Everyday Ideas for Increasing Children's Opportunities to Practice Social Skills and Emotional Competencies	 Website	All Ages
Scripted Story Tip Sheet Opens as a PDF	 Tip Sheet	All Ages
Scripted Stories CA Teaching Pyramid	 Tool	All Ages
NCPMI Scripted Stories	 Handout	All Ages
NCPMI Scripted Story Opens as a PDF	 Tip Sheet	All Ages

Resource Title	Resource Type	Age Range
CA Teaching Pyramid How to Make a Visual Schedule Opens as a PDF	 Handout	All Ages
CA Teaching Pyramid: Mini Schedules & Routines, Choice Boards Opens as a PDF	 Handout	All Ages
CA Teaching Pyramid: Tips for Making Visual Supports and Strategies Opens as a PDF	 Handout	All Ages
Feelings Book ~ Infants and Toddlers Opens as a PDF	 Handout	Infants and Toddlers
Listening to My Body: Activity Guide Opens as a PDF	 Guide	All Ages

Resource Title	Resource Type	Age Range
Early Start Referral Guide Opens as a PDF	 Guide	All Ages
Reasons for Concern Opens as a PDF	 Infographic	All Ages
Observing When You Have Concerns About a Child in Your Care Opens as a PDF	 Guide	All Ages
Early Childhood Preschool Classroom Observation Opens as a PDF	 Tool	All Ages
Systematic Instructional Practices Checklist Opens as a PDF	 Checklist	All Ages

Resource Title	Resource Type	Age Range
Tips for Responding to Challenging Behavior in Young Children Opens as a PDF	 Tip Sheet	All Ages
Understanding and Managing Children's Behaviors	 Article	All Ages
Talking with Parents When You Have Concerns About a Child in Your Care	 Website	All Ages
Talking with Parents When Concerns Arise Opens as a PDF	 Article	All Ages
Five Rs for Promoting Positive Family Engagement	 Article	All Ages

Resource Title	Resource Type	Age Range
Understanding Children's Behavior ~ Supporting the Individual Needs of Infants and Toddlers, Part 1	 Video	Infants and Toddlers
Understanding Children's Behavior ~ Supporting the Individual Needs of Infants and Toddlers, Part 2	 Video	Infants and Toddlers
Infant Toddler ~ Possible Causes for Challenging Behavior Opens as a PDF	 Handout	Infants and Toddlers
Infant Toddler ~ Child Care Giver Success Plan Follow Up Opens as a PDF	 Handout	Infants and Toddlers
Help us Stay Calm ~ Strategies That Help You and Your Child During Challenging Behavior	 Infographic	Preschool

Resource Title	Resource Type	Age Range
Addressing Behavior ~ How to Help Your Child Stop Hitting and Pushing	 Tip Sheet	Preschool
Emotions ~ How to Help Your Child Recognize and Understand Anger	 Tip Sheet	Preschool
Positive Parenting Tips ~ Preschoolers	 Article	Preschool
Positive Parenting	 Article/Video	Infants and Toddlers, Preschool
Information on Requesting Consultation Services through the California Infant and Early Childhood Mental Health Consultation Network	 Webpage	Preschool

Resource Title	Resource Type	Age Range
Things That Will Help Me Stay Calm ~ Infants	 Infographic	Infants and Toddlers
Teaching Your Child About Feelings ~ From Birth to Age 2	 Article	Infants and Toddlers
Infant and Toddler Behaviors that Can Challenge Adults	 Article	Infants and Toddlers
Positive Parenting Tips ~ Infants (Age 0-1)	 Article	Infants and Toddlers
Positive Parenting Tips ~ Toddlers (Age 1-2)	 Article	Infants and Toddlers

Resource Title	Resource Type	Age Range
Positive Parenting Tips ~ Toddlers (Age 2-3)	 Article	Infants and Toddlers
Emotions ~ How to Help Your Child Understand and Label Emotions	 Tip Sheet	All Ages
Resources to Address Challenging Behaviors	 Guide	Out of School Time (Before or After School Care)
Positive Solutions for Families ~ Family Routine Guide Opens as a PDF	 Guide	Out of School Time (Before or After School Care)
Challenging Behaviors Tips for Families	 Tip Sheet	Out of School Time (Before or After School Care)

Resource Title	Resource Type	Age Range
Feeling Faces ~ Cards (Visual Support)	 Tool	Preschool
Feeling Wheel (Visual Support)	 Tool	Preschool
My Teacher Has Observed Opens as a PDF	 Handout	Preschool
Teacher Support Planning Sheet Opens as a PDF	 Handout	Preschool
Supporting Infants and Toddlers with Challenging Behaviors	 Article	Infants and Toddlers

Resource Title	Resource Type	Age Range
Supporting Children's Well-Being	 Article	Infants and Toddlers
Afterschool Program Support of Children's Social-Emotional and Behavioral Health Opens as a PDF	 Article	Out of School Time (Before or After School Care)
I Can Use My Words Scripted Story Opens as a PPT	 Article	Out of School Time (Before or After School Care)
Helping Young Children Control Anger and Handle Disappointment Opens as a PDF	 Article	Out of School Time (Before or After School Care)
From Circle Time to Small Groups ~ Meeting Children's Needs	 Article	Preschool

Resource Title	Resource Type	Age Range
Using a Visual Schedule	 Video	Preschool
Fostering Independent Decision-Making by Allowing Free Movement During Center Time	 Video	Preschool
Promoting Guidance ~ The Environment	 Webinar	Preschool
Building Environments That Encourage Positive Behavior ~ The Preschool Behavior Support Self-Assessment	 Article	Preschool
Building Supportive Environments ~ Setting Rules and Expectations	 Video	Preschool

Resource Title	Resource Type	Age Range
The Indoor Environment ~ Designing and Organizing	 Webinar	Preschool
Positive Discipline in the Montessori Classroom	 Article	Preschool
Classroom Arrangement: Redesigning the Toddler Room	 Video	Infants and Toddlers
Rocking and Rolling ~ Using Materials Creatively to Enhance Toddler Learning Environments	 Article	Infants and Toddlers
Infants and Toddlers Environments Planning Document Opens as a PDF	 Handout	Infants and Toddlers

Resource Title	Resource Type	Age Range
Infant and Toddler Spaces ~ Design for a Quality Classroom	 Guide	Infants and Toddlers
Circle Classroom Environment Checklist	 Checklist	Infants and Toddlers
How Can Teachers Help Young Children Learn Expected Behaviors?	 Article	All Ages
Successful Circle Times	 Article	All Ages
Environments	 Video	All Ages

Resource Title	Resource Type	Age Range
5 Ways to Support Dual Language Learning in Early Childhood Education Programs	 Article	All Ages
Using Mixed-Age Groups to Support Continuity of Care in Center-Based Programs	 Article	Mixed-Age
Keys to Quality Afterschool: Environments, Relationships, and Experiences Opens as a PDF	 Guide	Out of School Time (Before or After School Care)
School-Age Child Care Program Checklist	 Checklist	Out of School Time (Before or After School Care)
Creating Environments that Include Children's Home Languages and Cultures Opens as a PDF	 Tip Sheet	Out of School Time (Before or After School Care)

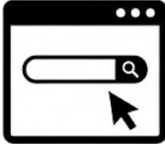
Resource Title	Resource Type	Age Range
Six Ways Educators Can Honor Home Languages Opens as a PDF	 Article	Out of School Time (Before or After School Care)
Creating Quality School-Age Child Care Space Opens as a PDF	 Guide	Out of School Time (Before or After School Care)
NCSE Visual Supports Environment Resource Opens as a PDF	 Guide	Preschool
Responsive Daily Routines Inventory Opens as a PDF	 Handout	Infants and Toddlers
EBP Brief Packet: Visual Supports for Toddlers Opens as a PDF	 Tool	Infants and Toddlers

Resource Title	Resource Type	Age Range
Routine Cards ~ Home Opens as a PDF	 Handout	All Ages
Visual Supports	 Handout	All Ages
Individual Schedules	 Handout	Out of School Time (Before or After School Care)
Developing Expectations at Home Opens as a PDF	 Handout	Out of School Time (Before or After School Care)
Four Tools for Supporting Transitions Opens as a PDF	 Handout	Preschool

Resource Title	Resource Type	Age Range
The Importance of Schedules and Routines	 Article	Preschool
Reducing Challenging Behaviors during Transitions ~ Strategies for Early Childhood Educators to Share with Parents	 Article	Preschool
PITC Brief Overview Opens as a PDF	 Article	Infants and Toddlers
Continuity of Care Tip Sheet Opens as a PDF	 Tip Sheet	Infants and Toddlers
Supporting Transitions Both Big and Small	 Article	Infants and Toddlers

Resource Title	Resource Type	Age Range
Trauma Informed Care Guide Opens as a PDF	 Guide	All Ages
Supporting Morning and Afternoon Transitions	 Article	Out of School Time (Before or After School Care)
How to Use Visual Supports	 Tip Sheet	Preschool
Strategies for Using Choice and Preferences Opens as a PDF	 Handout	Preschool
Tips and Ideas for Making Visuals to Support Young Children with Challenging Behavior Opens as a PDF	 Tip Sheet	Infants and Toddlers

Resource Title	Resource Type	Age Range
Using Visuals	 Article	All Ages
Using Choice and Preference to Promote Improved Behavior (What Works Briefs)	 Article	Out of School Time (Before or After School Care)
Using Visual Supports to Set Up Your Early Learning Classroom	 Article	Out of School Time (Before or After School Care)
Creating a Cozy Area Opens as a PDF	 Tip Sheet	Infants and Toddlers
Mixed-Age Groups in After-School and Out-Of-School Time Programs Opens as a PDF	 Article	Out of School Time (Before or After School Care)

Resource Title	Resource Type	Age Range
Help US Calm Down	 Tool	Infants and Toddlers, Preschool
CA Teaching Pyramid Information	 Webpage	All Ages
Social Emotional Tips for Providers Caring for Infants Opens as a PDF	 Tip Sheet	Infants and Toddlers
Social Emotional Tips for Providers Caring for Toddlers Opens as a PDF	 Tip Sheet	Infants and Toddlers
Social Emotional Development Modules	 Webinar	All Ages

Resource Title	Resource Type	Age Range
Pyramid Model: Universal Supports to Promote Social Emotional Competence	 Article	All Ages
A Guide to Social-Emotional Growth and Development, Third Edition	 Guide	Infants and Toddlers
A Guide to Setting Up Environments, Third Edition	 Guide	Infants and Toddlers
Creating Equitable Early Learning Environments for Young Boys of Color Opens as a PDF	 Guide	All Ages
Promoting Positive Student Behaviors Opens as a PDF	 Handout	Out of School Time (Before or After School Care)

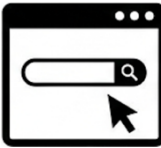
Path B: Engaging and Partnering with Families

Resource Title	Resource Type	Age Range
Talking with Families about Problem Behavior: Dos and Don'ts	 Tip Sheet	All Ages
Reframing Family Engagement: Communication Examples	 Article	All Ages
Addressing Behavior- How to Understand the Meaning of Your Child's Challenging Behavior	 Tip Sheet	All Ages
Emotions- How to Use Positive Language to Improve Your Child's Behavior	 Tip Sheet	All Ages

Resource Title	Resource Type	Age Range
Considerations for Working with Children who Have Experienced Trauma Opens as a PDF	 Article	All Ages
Addressing Behavior- How to Help your Child Stop Biting	 Tip Sheet	All Ages
Encouraging Positive Behaviors at Home - A Chart for Families	 Tool	All Ages
Nurturing Potential with Evidence-Based Approaches	 Video	All Ages
Addressing Behavior- How to Give Clear Directions	 Tip Sheet	All Ages

Resource Title	Resource Type	Age Range
Supporting Behavior Through Connection	 Tool	All Ages
Meet Families Where They Are	 Tip Sheet	All Ages
Emotions - How to Help Your Child Recognize and Understand Frustration Opens as a PDF	 Tip Sheet	All Ages
Family Voice and Choice in the Individualized Behavior Support Process	 Tip Sheet	All Ages
Positive Solutions for Families: Eight Practical Tips for Parents of Young Children with Challenging Behavior	 Tip Sheet	All Ages

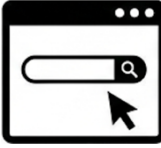
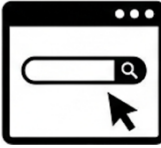
Resource Title	Resource Type	Age Range
<u>Routines and Schedules - How to Plan Activities to Reduce Challenging Behavior</u>	 Tip Sheet	All Ages
<u>Addressing Behavior - How to Use Social Stories to Teach your Child New Skills and Expectations</u>	 Tip Sheet	All Ages
<u>Routines and Schedules - How to Use Visual Schedules to Help Your Child Understand Expectations</u>	 Tip Sheet	All Ages
<u>Addressing Behavior - Teachable Moments: How to Help your Child Avoid Meltdowns</u>	 Tip Sheet	All Ages
<u>Routines and Schedules - How to Help Your Child Transition Smoothly Between Places and Activities</u>	 Tip Sheet	All Ages

Resource Title	Resource Type	Age Range
Teaching Your Child to Cooperate with Requests	 Article	All Ages
WI-AIMH Micro Learning Videos	 Video	All Ages
Multi-Tiered Family Engagement	 Video	All Ages
Promoting Family Engagement	 Webpage	Infants and Toddlers
Engaging Families in Afterschool and Summer Learning Programs (Review of Research)	 Guide	Out of School Time (Before or After School Care)

Resource Title	Resource Type	Age Range
Engaging Families in Child Care	 Article	All Ages
What is Family Engagement?	 Tip Sheet	All Ages
Family and Community Engagement	 Infographic	All Ages
The Power of Play: Unlock Developmental Benefits for Your Child	 Article	All Ages
Help Your Preschooler Gain Self-Control	 Article	All Ages

Resource Title	Resource Type	Age Range
Family Engagement in Systems	 Infographic	All Ages
Welcoming Families Communication	 Tool	All Ages
Engaging in Reciprocal Partnerships with Families and Fostering Community Connections	 Article	All Ages
Connect Families to Community-Based Services and Resources	 Article	All Ages
Learn the Signs. Act Early	 Video	All Ages

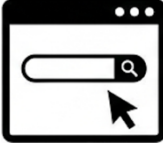
Resource Title	Resource Type	Age Range
How to Get Help for Your Child	 Tip Sheet	All Ages
Tips for Talking with Parents about Developmental Concerns	 Tip Sheet	All Ages
Milestone Checklists with Tips	 Checklist	All Ages
Supporting Children's Development	 Article	All Ages
What to Expect & When to Seek Help- Early Childhood Opens as a PDF	 Tool	All Ages

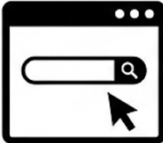
Resource Title	Resource Type	Age Range
What to Expect & When to Seek Help-Infancy Opens as a PDF	 Tool	Infants and Toddlers
What is Child Find?	 Article	All Ages
Teaching Pyramid Materials	 Webpage	All Ages
Family Engagement in Early Care and Education Learning Series	 Webinar	All Ages
California School-Age Consortium	 Webpage	Out of School Time (Before or After School Care)

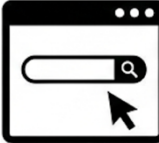
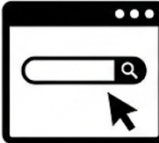
Resource Title	Resource Type	Age Range
A Guide to Creating Partnerships with Families, Third Edition	 Guide	Infants and Toddlers
Family Partnership Policies and Practices Self Assessment Opens as a PDF	 Tool	All Ages
PITC Guide to Culturally Sensitive Care Publication Opens as a PDF	 Guide	Infants and Toddlers
Family Partnerships and Culture Opens as a PDF	 Guide	Preschool
Responsive Early Education for Young Children and Families Experiencing Homelessness Opens as a PDF	 Publication	All Ages

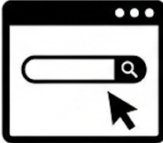
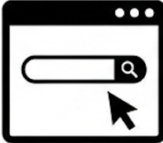
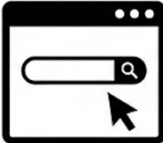
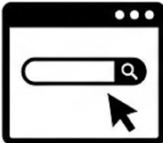
Resource Title	Resource Type	Age Range
Exploring Your Values: Culture, Family, and Child Development Opens as a PDF	 Tool	All Ages
Family Voice Resource Opens as a PDF	 Tool	All Ages

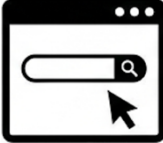
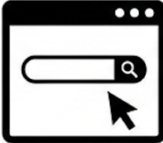
Path C: Professional Development & Reflective Practice

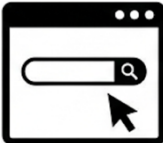
Resource Title	Resource Type	Age Range
Inclusive Routines in Early Care and Learning: Environments ~ Session 1	 Video	All Ages
California Early Childhood Online	 Webpage	All Ages
Promoting Reflective Practice Opens as a PDF	 Handout	All Ages
Culturally Responsive Trauma Informed Practice Modules	 Webinar	All Ages

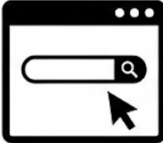
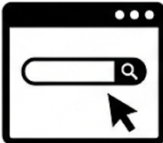
Resource Title	Resource Type	Age Range
Safe Spaces: Foundations of Trauma-Informed Practice for Educational & Care Settings	 Video	All Ages
Trauma-Informed Practices in Early Childhood Education Opens as a PDF	 Article	All Ages
NAEYC~ Anti-Bias Resources	 Webpage	All Ages
How Bias Impacts Our Relationships with Children and Families	 Article	All Ages
Addressing Implicit Bias	 Video	All Ages

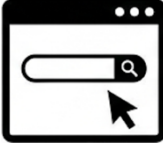
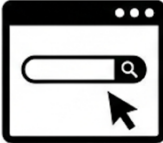
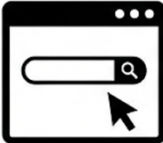
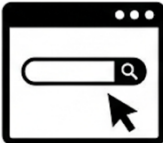
Resource Title	Resource Type	Age Range
Understanding Anti-Bias Education: Bringing the Four Core Goals to Every Facet of Your Curriculum	 Article	All Ages
Multilingual Learning Toolkit	 Webpage	All Ages
CDE ~ Dual Language Learners	 Webinar	All Ages
Dual Language Learners with Disabilities or Suspected Delays	 Webpage	All Ages
Bilingual & Dual Language Education	 Video	All Ages

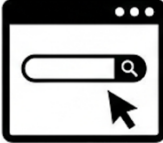
Resource Title	Resource Type	Age Range
QSLA Dual Language Learner Initiative	 Webinar	All Ages
Multilingual Learning Toolkit	 Webpage	All Ages
Improving Outcomes for Multilingual Students with Exceptional Needs	 Webpage	All Ages
CDE ~ Dual Language Learner (DLL) Support	 Webpage	All Ages
Early Edge Partnered Resources	 Webpage	All Ages

Resource Title	Resource Type	Age Range
Planned Language Approach	 Webpage	All Ages
HeadStart	 Webpage	All Ages
Preschool/Transitional Kindergarten Toolkit for English Learner Roadmap Implementation	 Publication	All Ages
Supporting Your Child as a Dual Language Learner: A Guide for Families of Young Children	 Publication	All Ages
The State of English Learners	 Publication	All Ages

Resource Title	Resource Type	Age Range
Supporting Resilience and Social-Emotional Learning – Grades K-2	 Publication	All Ages
Supporting Resilience and Social-Emotional Learning – Grades 3-5	 Publication	All Ages
Supporting Resilience and Social-Emotional Learning – Guide for Teachers	 Publication	All Ages
Inclusive Learning Circle Webinar Series	 Webinar	All Ages
CDE ~ Professional Learning	 Webpage	All Ages

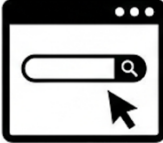
Resource Title	Resource Type	Age Range
Center for Applied Linguistics	 Webinar	All Ages
Literacy for Multilingual Learners	 Webpage	All Ages
A Multi-Disciplinary Approach for Multilingual Students with Exceptional Needs	 Webinar	All Ages
Multilingual Students with Exceptional Needs ~ Training Modules	 Webinar	All Ages
Open Access Learning & Participation for ALL	 Webpage	All Ages

Resource Title	Resource Type	Age Range
California Early Childhood Online	 Webpage	All Ages
Quality Counts California: Learning Opportunities	 Webpage	All Ages
Early Childhood Investigations	 Webinar	All Ages
Dual Language Learners	 Webpage	All Ages
Dual Language Learner (DLL) Support	 Webpage	All Ages

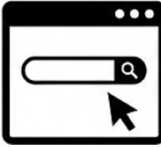
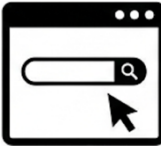
Resource Title	Resource Type	Age Range
Training and Educational Resources	 Webpage	All Ages
The Integrated Nature of Learning Opens as a PDF	 Guide	Preschool
The Powerful Role of Play in Early Education Opens as a PDF	 Publication	All Ages

Path D: Classroom Team Practices: Communication & Collaboration

Resource Title	Resource Type	Age Range
Collaboration to Learn and Grow Checklist Opens as a PDF	 Checklist	All Ages
Team Members Engaging in Quality Communication Opens as a PDF	 Tip Sheet	All Ages
Team Members Helping One Another to Learn and Grow Opens as a PDF	 Tip Sheet	All Ages
6 Strategies for Successful Co-teaching	 Tip Sheet	All Ages

Resource Title	Resource Type	Age Range
14 Principles & Examples of Effective Teamwork in Child Care	 Webpage	All Ages
WI-AIMH Micro Learning Videos	 Video	All Ages
Working with Early Intervention as a Child Care Provider Opens as a PDF	 Tip Sheet	All Ages
Finley's Parent-Teacher Conference	 Video	All Ages
When in Doubt, Reach Out: Teaming Strategies for Inclusive Early Childhood Settings	 Article	All Ages

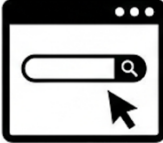
Resource Title	Resource Type	Age Range
Supporting One Another and Building Positive Early Childhood Program Climate	 Article	All Ages
How to Strengthen Communication Between Staff in Childcare	 Video	All Ages
6 Simple Ways to Build Trusting Relationships with Staff	 Tip Sheet	All Ages
Active Listening: No Concerns	 Video	All Ages
Families are Fully Team Members	 Checklist	All Ages

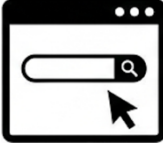
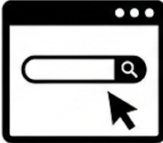
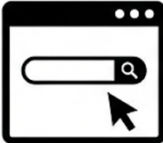
Resource Title	Resource Type	Age Range
Helping Families Be Full Team Members	 Tip Sheet	All Ages
Recommendations for Early Educators	 Tip Sheet	All Ages
Communication and Collaboration with Families	 Guide	All Ages
Communication, Collaboration, and Teaming	 Webpage	All Ages
Working as a Team	 Webpage	All Ages

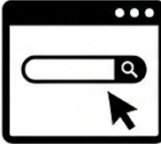
Resource Title	Resource Type	Age Range
5 Ways to Promote Teacher Collaboration in Early Education	 Tip Sheet	All Ages
How to Promote Effective Communication in Childcare	 Article	All Ages

Path E: Self-Care and Managing Stress

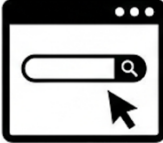
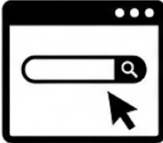
Resource Title	Resource Type	Age Range
8 Dimensions of Wellness	 Article	All Ages
Creating Habits to Support Your Physical and Mental Health	 Podcast	All Ages
Educator Movement and Physical Activity	 Guide	All Ages
WI-AIMH Micro Learning Videos	 Video	All Ages

Resource Title	Resource Type	Age Range
Stress Management: Techniques and Strategies to Deal with Stress	 Guide	All Ages
The Importance of Self-Care for Early Care and Education Professionals	 Video	All Ages
Virtual Be Well	 Webpage	All Ages
Mindfulness Response Strategies	 Tip Sheet	All Ages
Relaxation Exercises	 Tool	All Ages

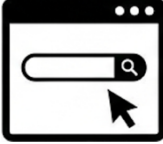
Resource Title	Resource Type	Age Range
Explore Your Emotions	 Webpage	All Ages
Finding and Using Support in Your Teaching Community	 Article	All Ages
Conversations Matter	 Webpage	All Ages
Taking Steps Toward Cultural Competence Through Meaningful Conversations	 Webpage	All Ages
Pause- A Problem-Solving Framework Opens as a PDF	 Guide	All Ages

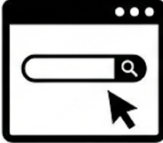
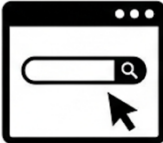
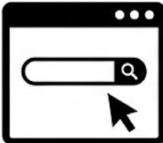
Resource Title	Resource Type	Age Range
Reframing "Bad" Behavior to Help Students Succeed	 Article	All Ages
Tips to Improve Your Emotional Well-Being	 Infographic	All Ages
Assess Your Sleep Needs	 Webpage	All Ages
Self-Compassion Break for Adults	 Tool	All Ages
The Three-Component Model of Emotions	 Article	All Ages

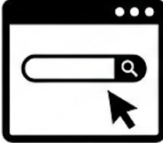
Resource Title	Resource Type	Age Range
Self-Regulation Practices for Teachers and Students	 Article	All Ages
Co-regulation Strategies in School: How Educators Can Support Students' Learning	 Tip Sheet	All Ages
5 Steps for Responding to Challenging Behavior	 Infographic	All Ages
Reflecting on Our Reactions and Responses	 Video	All Ages
Mindful Self-Compassion	 Guide	All Ages

Resource Title	Resource Type	Age Range
Reflectable: A mobile tool that puts professional learning into practice	 Webpage	All Ages
Trauma-Informed Practices in Early Childhood Education	 Webpage	All Ages
10 Promising Practices in Early Learning for Black Boys Opens as a PDF	 Tool	All Ages

Section 2: The Director & Leader Path

Resource Title	Resource Type	Age Range
CA Preschool Transitional Kindergarten Foundations	 Publication	Preschool
Videos of Foundations	 Video	Preschool
The ECE Resource Hub	 Webpage	Preschool
A Guide to Communicating About Early Childhood Development	 Article	Preschool

Resource Title	Resource Type	Age Range
CA Early Learning and Development	 Webpage	Infants and Toddlers
Infant Mental Health and Diversity- Informed Practice ~ Tips for Professionals	 Article	Infants and Toddlers
Past PITC Webinar Events	 Webinar	Infants and Toddlers
Zero to Three Early Childhood Professional Development Calendar (Training Events)	 Webpage	Infants and Toddlers
ELCD-Approved Training Opportunities	 Webpage	Infants and Toddlers

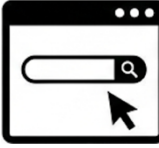
Resource Title	Resource Type	Age Range
Afterschool Alliance ~ Online Professional Development Platform	 Webinar	Out of School Time (Before or After School Care)
WI-AIMH Micro Learning Videos	 Video	All Ages
CA Making Access Possible (CAMAP): Resources on Social-Emotional & Behavior	 Webpage	Preschool
Guiding Children’s Behavior Opens as a PDF	 Article	All Ages
15 Positive Guidance Strategies that Work and Teach	 Article	All Ages

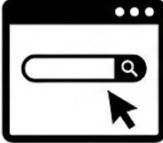
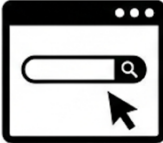
Resource Title	Resource Type	Age Range
California Early Childhood Online ~ search Topic Family Engagement	 Webinar	All Ages
Acknowledge, Ask, and Adapt ~ A Process in Communication Opens as a PDF	 Handout	All Ages
Three Building Blocks of Reflective Supervision for Early Childhood Professionals	 Article	All Ages
Four Dispositions to Help Early Childhood Educators Transform Their Practice	 Article	All Ages
How to Have Difficult Conversations	 Article	All Ages

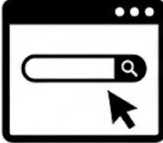
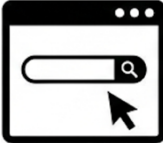
Resource Title	Resource Type	Age Range
How Leaders Can Free up More Time for Planning and Breaks	 Article	All Ages
How to Make the Most of Your Planning Time	 Article	All Ages
Time Management Tips for Teachers	 Article	All Ages
The Responsive Process	 Handout	Infants and Toddlers
Early Childhood Education Observation Form Opens as a PDF	 Template	All Ages

Resource Title	Resource Type	Age Range
Observing, Planning, Guiding ~ How an Intentional Teacher Meets Standards Through Play	 Article	All Ages
School-Age Child Care Program Checklist Opens as a PDF	 Checklist	Out of School Time (Before or After School Care)
The Role of the Coach in Early Education	 Article	All Ages
The Importance of Coaching in Early Childhood	 Article	All Ages
How Coaching Can Help Child Care Directors Meet Their Quality Improvement Goals	 Article	All Ages

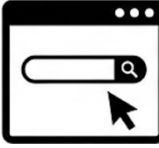
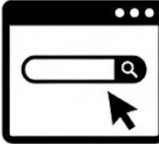
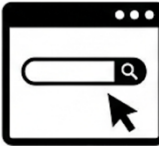
Resource Title	Resource Type	Age Range
The Importance of 1:1 Meetings/ Check Ins Opens as a PDF	 Article	All Ages
Building a School Culture through 1-on-1 Conversations	 Article	All Ages
Be Well, Care Well ~ Taking Care of the Caregivers	 Article	All Ages
How Can Mindfulness Support Early Childhood Educators?	 Article	All Ages
Getting Started with Mindfulness ~ A Toolkit for Early Childhood Organizations	 Handout	All Ages

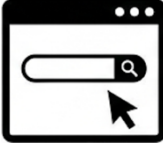
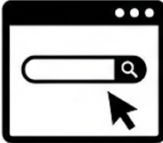
Resource Title	Resource Type	Age Range
Mental Health is Everyone’s Business. And It Starts with Ourselves.	 Article	All Ages
How Mental Health Consultants Support Child Care Programs	 Article	All Ages
Center of Excellence for Infant & Early Childhood Mental Health Consultation	 Webpage	All Ages
Early Childhood Mental Health Helps Kids and Caregivers	 Article	All Ages
Preventing Burnout in Early Childhood Professionals ~ Practical Self-Care Strategies	 Article	All Ages

Resource Title	Resource Type	Age Range
Parent Involvement and Family Engagement	 Webpage	All Ages
Building Partnerships with Families Series	 Webpage	All Ages
What Parents Want ~ How Policies Can Spur School-to-Family Connections and Build Trust	 Article	All Ages
Special Education Referrals	 Article	All Ages
Developmental and Behavioral Screening Guide Opens as a PDF	 Guide	All Ages

Resource Title	Resource Type	Age Range
10 Basic Steps in Special Education	 Webpage	All Ages
Partnering with Families to Identify Developmental Concerns	 Article	All Ages
California Parent Organizations	 Webpage	All Ages
Understanding Your Rights ~ Special Needs Programs	 Article	All Ages
What Do Teachers Need Most From Their Directors? Opens as a PDF	 Article	All Ages

Resource Title	Resource Type	Age Range
Infant and Early Childhood Mental Health and Reflective Practice	 Webpage	All Ages
Productive Meeting Frameworks for Educational Leaders	 Article	All Ages
Leading Voices Podcast Series Episode 12: Cultivating Belonging, Inclusive Spaces, and Reflective Practices—A Conversation With Monica Mathur-Kalluri	 Podcast	All Ages
Necessary Investments: Communication, Mentoring, and the Prioritization of Time	 Article	All Ages
Managing Your Time as a Leader	 Article	All Ages

Resource Title	Resource Type	Age Range
Addressing Challenging Behavior in Challenging Times ~ Empowering Early Childhood Educators Through Reflective Practice	 Article	All Ages
California Early Childhood Educator Competencies	 Webpage	All Ages
CompSat: Professional Development Tools for Early Educators	 Webpage	All Ages
The Protective Urges of Caregivers of Infants and Toddlers: Dealing with Feelings Opens as a PDF	 Article	Infants and Toddlers
Referral to California Early Start	 Webpage	Infants and Toddlers

Resource Title	Resource Type	Age Range
Chapter 4 Information on IEP Process	 Webpage	All Ages
Preschool and Early Childhood IEP Resources Note: This page comes from a San Francisco based family resource center, and the information it offers reflects statewide processes that educators and families anywhere in California can use.	 Webpage	All Ages

