

## DESCRIPTION OF SERVICES

DOMESTIC SERVICES: General household chores to maintain the cleanliness of the home. MPP 30-757.11

### RELATED SERVICES:

Meal Preparation: Planning menus, preparing foods, cooking and serving meals. MPP 30-757.131

Meal Clean-up: Cleaning up the cooking area and washing, drying and putting away cookware, dishes and utensils. MPP 30-757.132

Routine Laundry: Washing, drying, folding and putting away clothes and household linens. MPP 30-757.134

Shopping for Food: Making a grocery list, traveling to/from the store, shopping, loading, unloading, and storing food purchased. MPP 30-757.135(b)

Other Shopping/Errands/Reading Services: Includes: 1) Shopping for other necessary supplies; 2) Performing small and necessary errands, e.g., picking up a prescription, and 3) Reading important documents such as, medication instructions, food labels, utility bills, or rental agreements. MPP 30-757.135(c)

### NON-MEDICAL PERSONAL SERVICES:

Respiration Assistance: Assisting recipient with nonmedical breathing related services such as self-administration of oxygen and cleaning breathing machines. MPP 30-757.14(b)

Bowel and/or Bladder Care: Assisting the recipient with using the toilet (including getting on/off), bedpan/bedside commode or urinal; emptying and cleaning ostomy bag, enema and/or catheter receptacles; applying diapers, disposable undergarments and disposable barrier pads; wiping and cleaning recipient; and washing/drying recipient's hands. MPP 30-757.14(a)

Feeding: Assisting the recipient to eat meals, including cleaning his/her face and hands before and after meals. MPP 30-757.14(c)

Routine Bed Bath: Giving a recipient who is confined to bed a routine sponge bath. MPP 30-757.14(d)

Dressing: Assisting the recipient to put on and take off his/her clothes as necessary throughout the day. MPP 30-757.14(f)

Menstrual Care: Assistance with the external placement of sanitary napkins and barrier pads. MPP 30-757.14(j)

Ambulation and Getting In/Out of Vehicles: Assisting the recipient with walking or moving about the home, including to/from the bathroom, and to/from and into/out of the car for transporting to medical appointments and/or alternative resources. MPP 30-757.14(k)

Transfer (Moving In/Out of Bed and/or On/Off Seats): Assisting recipient from standing, sitting, or prone position to another position

and/or from one piece of furniture or equipment to another.

MPP 30-757.14(h)

Bathing. Oral Hygiene and/or Grooming: Assisting the recipient with: bathing or showering; brushing teeth, flossing, and cleaning dentures; shampooing, drying, and combing/brushing hair; shaving; and applying lotion, powder, deodorant. MPP 30-757.14(e)

Rubbing Skin and Repositioning: Rubbing skin to promote circulation and/or prevent skin breakdown; turning in bed and other types of repositioning; and supervising range of motion exercises.

MPP 30-757.14(g)

Care of/Assistance with Prosthesis and Help Setting Up

Medications: Taking off/putting on and maintaining and cleaning prosthetic devices, including vision/hearing aids; reminding the recipient to take prescribed and/or over-the-counter medications, and setting up Medi-sets.

MPP 30-757.14(i)

TRANSPORTATION SERVICES: Transporting recipient to and from: 1) Appointments with physicians, dentists and other health practitioners; or 2) Sites necessary for fitting health related appliances/devices and special clothing, when transportation for these purposes is not provided under Medi-Cal. This also includes transporting the recipient to sites where alternative resources provide in-home supportive services to recipient in place of IHSS.

MPP 30-757.15

HEAVY CLEANING: Thorough cleaning of the home to remove hazardous debris or dirt. Authorized one time only and only under certain circumstances. MPP 30-757.12

YARD HAZARD ABATEMENT: Light work in the yard to: 1) Remove high grass or weeds, and rubbish when these materials pose a fire hazard (authorized one time only); or 2) Remove ice, snow or other hazardous substances from entrances and essential walkways when these materials make access to the home hazardous. MPP 30-757.16

PROTECTIVE SUPERVISION: Observing the behavior of a non-self-directing, confused, mentally impaired or mentally ill recipient and assisting as appropriate to guard recipient against injury, hazard or accident. Certain limitations apply. MPP 30-757.17

TEACHING AND DEMONSTRATION SERVICES: Teaching and demonstrating those services provided by IHSS providers so the recipient can perform services which are currently performed by IHSS providers by himself/herself. Certain limitations apply.

MPP 30-757.18

**PARAMEDICAL SERVICES:** Services meeting the following conditions: 1) Activities which recipients would normally perform themselves if they did not have functional limitations; 2) Activities which, due to the recipient's physical or mental condition, are necessary to maintain the recipient's health; and 3) Activities which include the administration of medications, puncturing the skin, or inserting a medical device into a body orifice, activities requiring sterile procedures, or requiring a judgment based on training given by a licensed health care professional. Special limitations apply. MPP 30-757.19

FOR A MORE DETAILED DESCRIPTION OF SERVICES, YOU MAY VIEW THE MANUAL OF POLICY AND PROCEDURES (MPP) SECTIONS REFERENCED ABOVE AT YOUR LOCAL WELFARE OFFICE.