

# Appendices

## OLDER ADULTS



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## APPENDIX A:

# Myths & Facts About CalFresh for Older Adults (ages 60 and over)

**MYTH:** CalFresh is welfare.

**FACT:** CalFresh is a nutrition assistance program. It helps low-income people buy nutritious foods. It is not welfare. In fact, using CalFresh helps your community. Every \$1 of CalFresh money spent returns \$1.79 to your local economy and can lead to an increase in the number of jobs.

**MYTH:** Older adults only receive \$16 a month in CalFresh.

**FACT:** Sixteen dollars is the smallest amount you can receive. The average amount of CalFresh for older adults is much higher. And even \$16/month equals almost \$200/year, which can really help stretch your household budget.

**MYTH:** Older adults cannot own or be buying a home. If they own or are buying a home, the government will take it.

**FACT:** You can own or buy a home and have cars and still get CalFresh. The CalFresh Program does not require a person to sign away their home.

**MYTH:** Older adults must go to the CalFresh office for an interview.

**FACT:** If you are not able to go to the CalFresh office, you may request a telephone interview. You may also ask a relative, pastor,

neighbor, etc., to attend the interview as an authorized representative. If everyone in your CalFresh case is older than 60 years of age or is a person with a disability, then the county is required to waive the face-to-face interview. The interview can be conducted by phone or, in some cases, the county can do a home visit.

**MYTH:** You have to go to the CalFresh office every few months to keep getting benefits.

**FACT:** Households in which all adult members are seniors may only have to recertify every 24 months, and counties must provide the option to waive the face-to-face interview if all household members are 60 or older, or have a disability. You may want to ask for a telephone interview. Or a friend or family member can go for you.

**MYTH:** Older adults are only allowed \$3,250 in resources.

**FACT:** In most cases, there is no resource limit for CalFresh. You may be eligible even if you have money in savings and retirement accounts.

**MYTH:** Older adults do not receive credit for medical and prescription drug bills.

**FACT:** Certain medical expenses are deducted from the household's gross income to help older adults receive a greater amount of CalFresh benefits. Out-of-pocket medical expenses that exceed \$35 a month may be deducted unless an insurance company or someone who is not a household member pays for them. Only the amount over \$35 can be deducted.

**MYTH:** Older adults must stand in line at a crowded office to apply.

**FACT:** Older adults can apply online, request that an application be mailed to them, or download, mail, or fax in an application.

**MYTH:** CalFresh is only for families with children.

**FACT:** CalFresh is for eligible individuals and families, including older adults.

**MYTH:** I do not want to ask for help from the government and take CalFresh from someone else who needs it more.

**FACT:** By receiving CalFresh benefits, you are not taking benefits away from another person. Everyone who applies and is determined to be eligible will get CalFresh benefits. The USDA sets aside funds for the program, and when people who are eligible don't participate in the program, millions of dollars go unused. This is money that can help stimulate your local economy and help create jobs in your community.

**MYTH:** Senior households who receive CalFresh will not be able to receive meals-on-wheels.

**FACT:** Households can receive CalFresh and still get meals-on-wheels. You can use CalFresh to purchase food at the store. This means you will have extra food in addition to your meals-on-wheels.

**MYTH:** If I am receiving Social Security Retirement or Disability benefits, I am not eligible for CalFresh.

**FACT:** Both Social Security (SSA) and Disability (SSDI and SDI) recipients are eligible to apply for CalFresh. In fact, most older adults or people with disabilities don't have to pass the gross income test. Also, various expenses such as medicine, mortgage, home insurance, and electricity costs are taken into account before checking for eligibility. [Supplemental Security Income (SSI) recipients also get a State Supplemental Payment (SSP) and are NOT eligible for CalFresh because the benefit amount they receive already includes money for food. However, other household members who are not receiving SSI/SSP might still be eligible. Additionally, if the recipient recently moved to California and is not yet receiving SSP, they may be eligible for CalFresh until they begin receiving SSP.]

Source: U.S. Department of Agriculture Food and Nutrition Service. "10 Myths and Facts About Food Stamp Benefits and the Elderly." July 2007. Online at [www.fns.usda.gov/snap/outreach/pdfs/myths-elderly.pdf](http://www.fns.usda.gov/snap/outreach/pdfs/myths-elderly.pdf)

**APPENDIX B:**

# Coordinating Area Agencies on Aging with California Department of Social Services (CDSS) CalFresh Outreach Partners

California's aging network is geographically divided into 33 Planning and Service Areas (PSAs). Within each PSA is an Area Agency on Aging (AAA) responsible for planning and administering services for seniors. Use this tool as an aid to facilitate CalFresh outreach to California's older adult population. Access the CD included with this toolkit for a complete list of Area Agencies on Aging.

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Alameda County</b>		<b>PSA 9</b>
Alameda County Community Food Bank	CAFB	Division on Aging Department of Health and Human Services 6955 Foothill Boulevard, Suite 300 Oakland, CA 94605-1907 (510) 577-1900 <a href="http://www.alamedasocialservices.org/public/services/elders_and_disabled_adults/area_agency_on_aging.cfm">www.alamedasocialservices.org/public/services/elders_and_disabled_adults/area_agency_on_aging.cfm</a>
Eden Information & Referral (2-1-1 agency)	211	
Fremont Healthy Start/East Bay Agency for Children	CAFB	
Fremont Family Resource Center Corporation (name change 2012)	CAFB	
Hawthorne Agency for Children/East Bay Agency for Children	CAFB	
Single Stop USA	CAFB	
Three Squares	CAFB	
<b>Alpine County</b>		<b>PSA 12</b>
		Aging Area 12 Agency on Aging 19074 Standard Road, Suite A Sonora, CA 95370-7542 (209) 532-6272 <a href="http://www.area12.org">www.area12.org</a>
<b>Amador County</b>		<b>PSA 12</b>
The Resource Connection Food Bank	CAFB	Aging Area 12 Agency on Aging 19074 Standard Road, Suite A Sonora, CA 95370-7542 (209) 532-6272 <a href="http://www.area12.org">www.area12.org</a>

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Butte County</b>		<b>PSA 3</b>
CSU, Chico School of Social Work	CRF	PASSAGES 4000 West 1st Street Chico, CA 95929-0799 (530) 898-5923 www.passagescenter.org
Caring Choices	CRF	
Community Action Agency of Butte County, Inc. (CAA)	CRF	
Four Winds of Indian Education, Inc.	CRF	
Northern Valley Catholic Social Services	CRF	
Torres Community Shelter	CRF	
<b>Calaveras County</b>		<b>PSA 12</b>
The Resource Connection Food Bank	CAFB	Area 12 Agency on Aging 19074 Standard Road, Suite A Sonora, CA 95370-7542 (209) 532-6272 www.area12.org
<b>Colusa County</b>		<b>PSA 3</b>
Colusa, Glenn Trinity Community Action Partnership	CRF	PASSAGES 4000 West 1st Street Chico, CA 95929-0799 (530) 898-5923 www.passagescenter.org
Community Action Agency of Butte County, Inc.	CRF	
Caring Choices	CRF	
<b>Contra Costa County</b>		<b>PSA 7</b>
Contra Costa Crisis Center (2-1-1 agency)	211	Aging and Adult Service Bureau Contra Costa County Employment and Human Services Department 400 Ellinwood Way Pleasant Hill, CA 94523 (925) 229-8434 <a href="http://www.co.contra-costa.ca.us/index.aspx?NID=2533">http://www.co.contra-costa.ca.us/index.aspx?NID=2533</a>
Food Bank of Contra Costa and Solano	CAFB	
Single Stop USA	CAFB	
Three Squares	CAFB	
<b>Del Norte County</b>		<b>PSA 1</b>
		Area 1 Agency on Aging 434 7th Street Eureka, CA 95501 (707) 442-3763 www.a1aa.org
<b>El Dorado County</b>		<b>PSA 29</b>
		El Dorado County Area Agency on Aging 937 Spring Street Placerville, CA 95667 (530) 621-6150 <a href="http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Services.aspx">www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Services.aspx</a>

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Fresno County</b>		<b>PSA 14</b>
Catholic Charities of the Diocese of Fresno	CCC	Fresno-Madera Area Agency on Aging 3837 N. Clark Street Fresno, CA 93726 (559) 453-4405 www.fmaaa.org
Clinica Sierra Vista	CSV	
Community Food Bank	CAFB	
Fresno Health Community Access Partners	RCHC	
Fresno Metro Ministry	CAFB	
United Way of Fresno County (2-1-1 agency)	211	
<b>Glenn County</b>		<b>PSA 3</b>
CSU, Chico School of Social Work	CRF	PASSAGES 4000 West 1st Street Chico, CA 95929-0799 (530) 898-5923 www.passagescenter.org
Caring Choices	CRF	
Colusa Glenn Trinity Community Action Partnership	CRF	
Community Action Agency of Butte County, Inc.	CRF	
Four Winds of Indian Education, Inc.	CRF	
<b>Humboldt County</b>		<b>PSA 1</b>
The Food Bank for Humboldt County	CAFB	Area 1 Agency on Aging 434 7th Street Eureka, CA 95501 (707) 442-3763 www.a1aa.org
Catholic Charities of the Diocese of Santa Rosa (in 2014)	CCC	
United Way of the Wine Country	211	
<b>Imperial County</b>		<b>PSA 24</b>
Catholic Charities Diocese of San Diego	CCC	Imperial County Area Agency on Aging 1331 South Clark Road, Bldg. 11 El Centro, CA 92243 (760) 339-6450 www.co.imperial.ca.us/AreaAgencyAging/default.htm
Imperial Valley Food Bank	CAFB	
INFO LINE of San Diego County (dba 2-1-1)	211	
<b>Inyo County</b>		<b>PSA 16</b>
		Eastern Sierra Area Agency on Aging 163 May Street Bishop, CA 93514 (760) 873-3305 www.countyofinyo.org/imaaa/
<b>Kern County</b>		<b>PSA 33</b>
Clinica Sierra Vista	CSV	County of Kern Aging and Adult Services 5357 Truxtun Avenue Bakersfield, CA 93309 (661) 868-1000 www.co.kern.ca.us/aaa
Community Action Partnership of Kern (2-1-1 agency)	211	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Kings County</b>		
Kings United Way (2-1-1 agency)	211	<b>PSA 15</b> Kings-Tulare Area Agency on Aging 4031 W. Noble Avenue Visalia, CA 93277 (559) 624-8060 www.ktaaa.org
<b>Lake County</b>		
Catholic Charities of the Diocese of Santa Rosa	CCC	<b>PSA 26</b> Area Agency on Aging of Lake and Mendocino Counties 809 South Main Street Lakeport, CA 95453 (707) 262-4517 www.co.lake.ca.us/government/directory/social_services/aaa.htm
<b>Lassen County</b>		
Lassen Child & Family Resources	CRF	<b>PSA 2</b> PSA 2 Area Agency on Aging 208 West Center Street Yreka, CA 96097 (530) 842-1687 www.psa2.org
<b>Los Angeles County</b>		
211 Los Angeles County	211	<b>PSA 19 &amp; 25</b> PSA 19 – County of Los Angeles Area Agency on Aging 3175 West 6th Street Los Angeles, CA 90020 (213) 738-2600 http://css.lacounty.gov/  PSA 25 - City of Los Angeles Department of Aging 3580 Wilshire Boulevard, Suite 300 Los Angeles, CA 90010 (213) 252-4000 http://aging.lacity.org/
Catholic Charities of Los Angeles, Inc.	CCC	
Daughters of Charity Health System	CCC	
Harbor Interfaith Services	CAFB	
Los Angeles Regional Food Bank	CAFB	
Maternal and Child Health Access	CAFB	
Public Counsel	CAFB	
<b>Madera County</b>		
		<b>PSA 14</b> Fresno-Madera Area Agency on Aging 3837 N. Clark Street Fresno, CA 93726 (559) 453-4405 www.fmaaaa.org
<b>Marin County</b>		
Catholic Charities CYO	CCC	<b>PSA 5</b> County of Marin Division on Aging and Adult Services 10 North San Pedro Road San Rafael, CA 94903 (415) 499-7396 www.co.marin.ca.us/aging
San Francisco Food Bank	CAFB	
Single Stop USA	CAFB	
United Way of the Bay Area (2-1-1 agency)	211	



CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Mariposa County</b>		<b>PSA 12</b>
		Aging Area 12 Agency on Aging 19074 Standard Road, Suite A Sonora, CA 95370-7542 (209) 532-6272 www.area12.org
<b>Mendocino County</b>		<b>PSA 26</b>
Catholic Charities of the Diocese of Santa Rosa	CCC	Area Agency on Aging of Lake and Mendocino Counties 809 South Main Street Lakeport, CA 95453 (707) 262-4517 www.co.lake.ca.us/government/directory/social_services/aaa.htm
Volunteer Center of Sonoma County	211	
<b>Merced County</b>		<b>PSA 14</b>
Catholic Charities of the Diocese of Fresno	CCC	Area Agency on Aging Merced County Senior Service Center 3837 N. Clark Street Fresno, CA 93726 (559) 453-4405 www.fmaaa.org
<b>Modoc County</b>		<b>PSA 2</b>
Lassen Child & Family Resources	CRF	PSA 2 Area Agency on Aging 208 West Center Street Yreka, CA 96097 (530) 842-1687 www.psa2.org
<b>Mono County</b>		<b>PSA 16</b>
		Eastern Sierra Area Agency on Aging 163 May Street Bishop, CA 93514 (760) 873-3305 www.countyofinyo.org/imaaa/
<b>Monterey County</b>		<b>PSA 32</b>
Catholic Charities Diocese of Monterey	CCC	Area Agency on Aging Division, Department of Social Services, County of Monterey 1000 South Main Street, Suite 300 Salinas, CA 93901 (831) 796-3530 www.co.monterey.ca.us/aaa
United Way of Monterey (2-1-1 agency)	211	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Napa County</b>		
Catholic Charities of the Diocese of Santa Rosa	CCC	<b>PSA 28</b> Area Agency on Aging Serving Napa & Solano 400 Contra Costa Street Vallejo, CA 94590-5990 (707) 644-6612 www.aaans.org
Children’s Health Initiative Napa County, Inc.	RCHC	
Community Health Clinic Ole	RCHC	
United Way of the Bay Area (2-1-1 agency)	211	
<b>Nevada County</b>		
Nevada – Sierra Regional IHSS Public Authority	211	<b>PSA 4</b> Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
<b>Orange County</b>		
2-1-1 Orange County	211	<b>PSA 22</b> Orange County Office on Aging 1300 South Grand Avenue Bldg B, 2nd Floor Santa Ana, CA 92705 (714) 567-7500 <a href="http://egov.ocgov.com/ocgov/Office%20on%20Aging">http://egov.ocgov.com/ocgov/Office%20on%20Aging</a>
Catholic Charities of Orange County	CCC	
Community Action Partnership of Orange County	CAFB	
Second Harvest Food Bank of Orange County	CAFB	
<b>Placer County</b>		
Caring Choices	CRF	<b>PSA 4</b> Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
First 5 Placer Children & Families Commission	CRF	
<b>Plumas County</b>		
Community Action Agency of Butte County, Inc.	CRF	<b>PSA 3</b> PASSAGES 4000 West 1st Street Chico, CA 95929-0799 (530) 898-5923 www.passagescenter.org
<b>Riverside County</b>		
Catholic Charities of San Bernardino/Riverside	CCC	<b>PSA 21</b> County of Riverside Office on Aging 6296 Rivercrest Drive, Suite K Riverside, CA 92507 (951) 867-3800 www.rcaging.org/opencms/
Community Connect (211 agency)	211	
FIND Food Bank	CAFB	
<b>Sacramento County</b>		
Caring Choices	CRF	<b>PSA 4</b> Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
City of Sacramento Department of Parks and Recreation	RCHC	
Community Link ( 2-1-1 agency)	211	
River City Food Bank	CAFB	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>San Benito County</b>		<b>PSA 13</b>
Catholic Charities Diocese of Monterey	CCC	Seniors Council of Santa Cruz 234 Santa Cruz Avenue Aptos, CA 95003 (831) 688-0400 www.seniorscouncil.org
Community Food Bank of San Benito County	CAFB	
<b>San Bernardino County</b>		<b>PSA 20</b>
Catholic Charities of San Bernardino/Riverside	CCC	Department of Aging and Adult Services 686 East Mill Street, 2nd Floor San Bernardino, CA 92415-0640 (909) 891-3900 <a href="http://hss.sbcounty.gov/daas/">http://hss.sbcounty.gov/daas/</a>
Inland Empire United Way (2-1-1 agency)	211	
<b>San Diego County</b>		<b>PSA 23</b>
Catholic Charities Diocese of San Diego	CCC	County of San Diego Aging and Independent Services 5560 Overland Avenue, Suite 310 San Diego, CA 92123 (858) 495-5885 <a href="http://www.co.san-diego.ca.us/hhsa/programs/ais/about_ais/index.html">www.co.san-diego.ca.us/hhsa/programs/ais/about_ais/index.html</a>
INFO LINE of San Diego County (dba 2-1-1 San Diego)	211	
San Diego Hunger Coalition	CAFB	
San Diego Hunger Coalition (Standard)	CAFB	
Chaldean and Middle Eastern Social Services	CAFB	
Chula Vista Community Collaborative	CAFB	
Community Resource Center	CAFB	
Episcopal Refugee Network	CAFB	
Feeding America San Diego	CAFB	
Jacobs & Cushman San Diego Food Bank	CAFB	
Metro United Methodist Urban Ministry	CAFB	
Neighborhood Healthcare	CAFB	
New Seasons Church	CAFB	
North County Interfaith Council, Inc., dba Interfaith Community Services	CAFB	
North County Lifeline	CAFB	
YMCA Youth and Family services	CAFB	
<b>San Francisco County</b>		<b>PSA 6</b>
Catholic Charities CYO	CCC	Department of Aging and Adult Services, Department of Health and Human Services 1650 Mission Street, 5th Floor San Francisco, CA 94103 (415) 355-3555 <a href="http://www.sfgov.org/site/frame.asp?u=http://www.sfhhsa.org/DAAS.htm">www.sfgov.org/site/frame.asp?u=http://www.sfhhsa.org/DAAS.htm</a>
San Francisco Food Bank	CAFB	
Single Stop USA	CAFB	
The Bar Association of San Francisco Volunteer Legal Services Program	CAFB	
Three Squares	CAFB	
United Way of the Bay Area (2-1-1 agency)	211	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>San Joaquin County</b>		<b>PSA 11</b>
Caring Choices	CRF	San Joaquin Department of Aging and Community Services 102 South San Joaquin Street Stockton, CA 95201 (209) 468-2202 <a href="http://www.co.san-joaquin.ca.us/hsa/aging/elderly/safer.htm">www.co.san-joaquin.ca.us/hsa/aging/elderly/safer.htm</a>
Catholic Charities Diocese of Stockton	CCC	
Emergency Food Bank & Family Services Stockton/ San Joaquin	CAFB	
<b>San Luis Obispo</b>		<b>PSA 17</b>
Catholic Charities Monterey	CCC	Central Coast Commission for Senior Citizens 528 South Broadway Santa Maria, CA 93454 (805) 925-9554 <a href="http://www.centralcoastseniors.org">www.centralcoastseniors.org</a>
Food Bank Coalition of San Luis Obispo County	CAFB	
<b>San Mateo County</b>		<b>PSA 8</b>
Catholic Charities CYO	CCC	San Mateo County Area Agency on Aging 225 37th Avenue San Mateo, CA 94403 (650) 573-2700 <a href="http://www.sanmateo.networkofcare.org">www.sanmateo.networkofcare.org</a>
Daughters of Charity Health System	CCC	
Second Harvest Food Bank of Santa Clara and San Mateo Counties	CAFB	
Three Squares	CAFB	
United Way of the Bay Area (2-1-1 Agency)	211	
<b>Santa Barbara County</b>		<b>PSA 17</b>
Carpinteria Children’s Project at Main-Carpinteria Unified School District	SYVPHP	Central Coast Commission for Senior Citizens 528 South Broadway Santa Maria, CA 93454 (805) 925-9554 <a href="http://www.centralcoastseniors.org">www.centralcoastseniors.org</a>
Cuyama Family Resources Center	SYVPHP	
Family Service Agency	SYVPHP	
Family Service Agency of Santa Barbara (211 Santa Barbara)	211	
Foodbank of Santa Barbara County	CAFB	
Good Samaritan Services	SYVPHP	
Guadalupe Family Services Center	SYVPHP	
Isla Vista Youth Projects	SYVPHP	
Santa Ynez Valley People Helping People – Prime Contractor	SYVPHP	
Santa Barbara County Education Office	RCHC	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Santa Clara County</b>		
Catholic Charities of Santa Clara County	CCC	<b>PSA 10</b> Council on Aging Silicon Valley 2115 The Alameda San Jose, CA 95126-1141 (408) 296-8290 www.coasiliconvalley.com
Daughters of Charity Health System	CCC	
Second Harvest Food Bank of Santa Clara and San Mateo Counties	CAFB	
Three Squares	CAFB	
United Way Silicon Valley	211	
<b>Santa Cruz County</b>		
Catholic Charities Diocese of Monterey	CCC	<b>PSA 13</b> Seniors Council of Santa Cruz 234 Santa Cruz Avenue Aptos, CA 95003 (831) 688-0400 www.seniorscouncil.org
Familia Center	CAFB	
Second Harvest Food Bank of Santa Cruz County	CAFB	
United Way of the Bay Area	211	
<b>Shasta County</b>		
California State University Chico – School of Social Work	CRF	<b>PSA 2</b> PSA 2 Area Agency on Aging 208 West Center Street Yreka, CA 96097 (530) 842-1687 www.psa2.org
Caring Choices	CRF	
Shasta County Office of Education	CRF	
United Way of Northern California	211	
<b>Sierra County</b>		
Community Action Agency of Butte County, Inc.	CRF	<b>PSA 4</b> Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
Lassen Child & Family Resources	CRF	
<b>Siskiyou County</b>		
First 5 Siskiyou Children & Families Commission	CRF	<b>PSA 2</b> PSA 2 Area Agency on Aging 208 West Center Street Yreka, CA 96097 (530) 842-1687 www.psa2.org
<b>Solano County</b>		
Catholic Social Service of Solano County	CCC	<b>PSA 28</b> Area Agency on Aging Serving Napa & Solano 400 Contra Costa Street Vallejo, CA 94590-5990 (707) 644-6612 www.aaans.org
Food Bank of Contra Costa and Solano	CAFB	
The Children’s Network of Solano County	CAFB	
Fighting Back Partnership	CAFB/CNSC	
Vacaville Police Department – Family Resource Center	CAFB/CNSC	
United Way of the Bay Area (2-1-1 agency)	211	

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Sonoma County</b>		<b>PSA 27</b>
Alexander Valley Regional Medical Center	RCHC	Sonoma County Area Agency on Aging 3725 Westwind Boulevard, Suite 101 Santa Rosa, CA 95403 (707) 565-5950 www.socoaaa.org
Alliance Medical Center	RCHC	
Caring Choices	CRF	
Catholic Charities of the Diocese of Santa Rosa	CCC	
Jewish Community Free Clinic	RCHC	
La Luz Center	RCHC	
Petaluma Health Center	RCHC	
Redwood Community Health Coalition	RCHC	
Santa Rosa Community Health Centers	RCHC	
Santa Rosa Memorial Hospital	RCHC	
Sonoma Valley Community Health Center	RCHC	
Volunteer Center of Sonoma County (2-1-1 agency)	211	
West County Health Centers	RCHC	
<b>Stanislaus County</b>		<b>PSA 30</b>
Catholic Charities Diocese of Stockton	CCC	Stanislaus County Department of Aging & Veterans Services 121 Downey Avenue, Suite 102 Modesto, CA 95354-1201 (209) 558-7825 www.agingservices.info
United Way of Stanislaus County (2-1-1 agency)	211	
<b>Sutter County</b>		<b>PSA 4</b>
Caring Choices	CRF	Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
Community Action Agency of Butte County, Inc.	CRF	
<b>Tehama County</b>		<b>PSA 3</b>
California State University Chico – School of Social Work	CRF	PASSAGES 4000 West 1st Street Chico, CA 95929-0799 (530) 898-5923 www.passagescenter.org
Caring Choices	CRF	
Community Action Agency of Butte County, Inc.	CRF	
Shasta County Office of Education	CRF	
<b>Trinity County</b>		<b>PSA 2</b>
Colusa Glenn Trinity Community Action Partnership	CRF	PSA 2 Area Agency on Aging 208 West Center Street Yreka, CA 96097 (530) 842-1687 www.psa2.org

CALFRESH OUTREACH (CFO) SUBCONTRACTOR	CFO PRIME CONTRACTOR	AREA AGENCY ON AGING (AAA) BY PLANNING AND SERVICE AREA (PSA)
<b>Tulare County</b>		<b>PSA 15</b>
United Way Tulare County	211	Kings-Tulare Area Agency on Aging 4031 W. Noble Avenue Visalia, CA 93277 (559) 624-8060 www.ktaaa.org
<b>Tuolumne County</b>		<b>PSA 12</b>
Catholic Charities Diocese of Stockton	CCC	Area 12 Agency on Aging 19074 Standard Road, Suite A Sonora, CA 95370-7542 (209) 532-6272 www.area12.org
<b>Ventura County</b>		<b>PSA 18</b>
FOOD Share	CAFB	Ventura County Area Agency on Aging 646 County Square Drive, Suite 100 Ventura, CA 93003 (805) 477-7300 <a href="http://aaa.countyofventura.org/">http://aaa.countyofventura.org/</a>
Interface Family Children Services (2-1-1 agency)	211	
<b>Yolo County</b>		<b>PSA 4</b>
Yolo County Children's Alliance	CAFB	Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
Yolo Family Resource Center	RCHC	
<b>Yuba County</b>		<b>PSA 4</b>
Caring Choices	CRF	Area 4 Agency on Aging 2260 Park Towne Circle, Suite 100 Sacramento, CA 95825 (916) 486-1876 www.a4aa.com
Community Action Agency of Butte County, Inc.	CRF	
Camptonville Community Partnership	CRF	

CAFB = California Association of Food Banks

CCC = Catholic Charities of California

CSV = Clinica Sierra Vista

CRF = California State University, Chico Research Foundation

RCHC = Redwood Community Health Coalition

SYVPHS = Santa Ynez Valley People Helping People

211 = INFOLINE of San Diego County dba 2-1-1 San Diego

## APPENDIX C:

# CalFresh Outreach Program Prime Contractor Contacts FFY 2013-2014

ORGANIZATION NAME	PROJECT COORDINATOR	FISCAL CONTACT
California Association of Food Banks (CAFB)	Stephanie Nishio Director of Programs 1624 Franklin Street, Suite 722 Oakland, CA 95612 Phone: (510) 272-4435 Ext. 905 Fax: (510) 272-9171 E-Mail: stephanie@cafoodbanks.org	Paul Mass Contract Manager 1624 Franklin Street, Suite 722 Oakland, CA 95612 Phone: (510) 272-4435 Ext. 914 Fax: (510) 272-9171 E-Mail: Paul@cafoodbanks.org
Catholic Charities of California (CCC)	Emily G. Battaglia Programs Director 1119 K Street, 2nd Floor Sacramento, CA 95814 Phone: (530) 848-7128 Fax: (866) 507-2547 E-Mail: emily@catholiccharitiesca.org	Emily G. Battaglia Programs Director 1119 K Street, 2nd Floor Sacramento, CA 95814 Phone: (530) 848-7128 Fax: (866) 507-2547 E-Mail: emily@catholiccharitiesca.org
Clinica Sierra Vista (CSV)	Ana Velasquez Project Coordinator 815 Dr. Martin Luther King, Jr., Blvd Bakersfield, CA 93307-1365 Phone: (661) 328-4245 Ext. 5131 Fax: (661) 326-6492 E-Mail: ana.velasquez@clinicasierravista.org	Diana Oei Comptroller P.O. Box 1559 Bakersfield, CA 93302-1559 Phone: (661) 635-3050 Ext. 2150 Fax: (661) 326-9716 E-Mail: Diana.Oei@clinicasierravista.org
CSU, Chico Research Foundation(CRF)	Jenny Sharkey Director of CalFresh Outreach Building 25, Room 201, CSU, Chico Chico, CA 95929-0235 Phone: (530) 898-3211; Fax: (530) 898-5382 E-Mail: jsharkey@csuchico.edu	Sharon Maligie Financial Analyst Building 25, Room 201, CSU, Chico Chico, CA 95929-0235 Phone: (530) 898-4738 Fax: (530) 898-6804 E-Mail: smmaligie@csuchico.edu
INFO LINE of San Diego County dba 2-1-1 San Diego (2-1-1)	Claire Oksayan Program Manager 5251 Viewridge Court San Diego, CA 92123 Phone: (858) 300-1234; Fax: (858) 300-1301 E-Mail: coksayan@211sandiego.org	Brian Nolan Office Manager/Administrator 5251 Viewridge Court San Diego, CA 92123 Phone: (858) 300-1290 Fax: (858) 300-1301 E-Mail: bnolan@211sandiego.org



ORGANIZATION NAME	PROJECT COORDINATOR	FISCAL CONTACT
Redwood Community Health Coalition	Elizabeth A. Graham Project Manager 1310 Redwood Way, Suite 135 Petaluma, CA 94954 (P.O. Box 75190; Petaluma, CA 94975-1090) Phone: (707) 285-2965; Fax: (707) 792-7910 E-Mail: egraham@rchc.net	Heidi Burwell Director of Finance 1310 Redwood Way, Suite 135 Petaluma, CA 94954 (P.O. Box 75190; Petaluma, CA 94975-1090) Phone: (707) 285-2967; Fax: (707) 792-7910 E-Mail: hburwell@rchc.net
Santa Ynez Valley People Helping People (SYVPHP)	Arcelia Sencion Director of Health Care and Social Services 545 North Alisal Road (P.O. Box 1478) Solvang, CA 93463 Phone: (805) 686-0295; Fax: (805) 686-2856 E-Mail: arcelia@sylvphp.org	Valerie Waling Fiscal Manager 545 North Alisal Road (P.O. Box 1478) Solvang, CA 93463 Phone: (805) 686-0295 Fax: (805) 686-2856 E-Mail: valerie@sylvphp.org

APPENDIX D:

# CalFresh Outreach Resources for Reaching Older Adults

## CalFresh Outreach Materials for Older Adults (60+)

The following CalFresh outreach materials for older adults were developed by the California Department of Public Health *Network for a Healthy California (Network)* and the California Department of Social Services (CDSS) in coordination with the California Department of Aging. Use the links below to access the digital file.

### Senior Brochure (English and Spanish)

[www.calfresh.ca.gov/PG2460.htm](http://www.calfresh.ca.gov/PG2460.htm)



### Senior Posters (double-sided English and Spanish)

[www.calfresh.ca.gov/PG2460.htm](http://www.calfresh.ca.gov/PG2460.htm)



## Mini Flier (double-sided English and Spanish)

[www.calfresh.ca.gov/PG2460.htm](http://www.calfresh.ca.gov/PG2460.htm)

## Senior Flier (English and Spanish)

See the Consumer Fliers tab in this toolkit for additional fliers.

## Creating Partnerships

### Potential Partners for Reaching Seniors

Taken from the Supplemental Nutrition Assistance Program Community Outreach Partner Toolkit, this is a comprehensive list of trusted organizations and agencies that work with older adults. Outreach workers may want to consider collaborating with these organizations and agencies.

[www.fns.usda.gov/snap/outreach/toolkits/2011/resources/SNAP\\_SpecPop\\_PotentialPartnersSeniors.pdf](http://www.fns.usda.gov/snap/outreach/toolkits/2011/resources/SNAP_SpecPop_PotentialPartnersSeniors.pdf)



### Area Agencies on Aging – By County

The California Department of Aging contracts with and provides leadership and direction to Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns. You can locate an AAA in your area by calling 1-800-510-2020 or find your county phone number at the following website: [www.aging.ca.gov/ProgramsProviders/AAA/AAA\\_listing.asp](http://www.aging.ca.gov/ProgramsProviders/AAA/AAA_listing.asp). Also see *Older Adults Appendix B* for a listing of AAAs and CDSS CalFresh Outreach Plan Partners by county.

## Effective Communication with Older Adults

The following are resources outreach workers can use to successfully create print materials, websites, and presentations:

### Print Materials

#### Making Your Printed Health Materials Senior-Friendly – Tips from the National Institute on Aging

The National Institute on Aging compiled a list of tips of special considerations and guidelines that will help the outreach worker develop materials for the older adult.

[www.nia.nih.gov/sites/default/files/NIA\\_Health\\_Materials\\_TipSheet51308\\_0.pdf](http://www.nia.nih.gov/sites/default/files/NIA_Health_Materials_TipSheet51308_0.pdf)

The image shows a document titled "Making Your Printed Health Materials Senior Friendly" with a red header. The document contains several columns of text and a list of bullet points. The text includes information about health information being difficult to understand and tips for writing for older adults. The document is presented as a thumbnail with a grid overlay.

## Working with Individuals with Disabilities

Using People First Language is important when referring to people with disabilities. These resources from Disability is Natural provide basic information to make sure your language puts the person before the disability.

*A Few Words About People First Language* by Kathie Snow

[www.disabilityisnatural.com/images/PDF/pfl-sh09.pdf](http://www.disabilityisnatural.com/images/PDF/pfl-sh09.pdf)

**A Few Words About PEOPLE FIRST LANGUAGE** by Kathie Snow  
Visit [www.disabilityisnatural.com](http://www.disabilityisnatural.com) to see the original, full-length article.

People with disabilities comprise our nation's largest minority group. It's also the most inclusive: all ages, genders, religions, ethnicities, sexual orientations, and socioeconomic levels are represented.

In the only thing people with disabilities have in common is being on the receiving end of societal misunderstanding, prejudice, and discrimination. And this larger minority group is the only one that supports *care jobs, at any time, at both, on the right, second of an accident, through illness, or during the aging process.* If and when it happens to you, how will you want to be described?

**Word matter!** Old and inaccurate descriptions perpetuate negative stereotypes and generate an insidiously powerful attitudinal barrier—the greatest obstacle facing individuals with disabilities. A disability is, first and foremost, a medical diagnosis, and when we define people by their diagnoses, we devalue and disrespect them as individuals. Do you want to be known primarily by your position, genealogical history, or the wars on your behalf? Using medical diagnoses incorrectly—as a measure of a person's abilities or potential—can raise people's lives.

**Embrace a new paradigm:** "Disability is a natural part of the human experience..." (U.S. *Developmental Disabilities Act of 1990*). You, disability is natural, and it can be redefined as a "body part that works differently." A person with autism likely has legs that work differently, a person with Down syndrome has one hand, and so forth. People can no more be defined by their medical diagnoses than others can be defined by gender, ethnicity, religion, or other traits!

**A FEW EXAMPLES OF PEOPLE FIRST LANGUAGE**

Say:	Child/individual with disability	Handicapped, disabled, special needs
She has a cognitive disability.	She has a cognitive disability.	He's mentally retarded.
She has autism.	She has autism.	She's autistic.
She has Down syndrome.	She has Down syndrome.	He's Down's; a mongoloid.
She has a learning disability.	She has a learning disability.	She's learning disabled.
A person with quadriplegia has legs that work differently.	She uses a wheelchair.	He's a quadriplegic/crippled.
She uses a wheelchair.	She uses a wheelchair.	She's confined to/wheelchair bound.
He wears special ed services.	People without disabilities.	He's in special ed.
People without disabilities.	Communicates with her eyes/device/etc.	She's developmentally delayed.
Communicates with her eyes/device/etc.	People we serve.	Normal or healthy kids.
People we serve.	Congenital disability.	Is non-verbal.
Congenital disability.	Brain injury.	Client, consumer, recipient, etc.
Brain injury.	Accessible parking, hotel room, etc.	Birth defect.
Accessible parking, hotel room, etc.	She needs... or she uses...	Brain damaged.
She needs... or she uses...		Handicapped parking, hotel room, etc.
		She has problems with/has special needs.

**Keep thinking—there are many other descriptors we need to change!**

Excerpted from Kathie's People First Language article, available at [www.disabilityisnatural.com](http://www.disabilityisnatural.com).

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*Examples of People First Language* by Kathie Snow

[www.disabilityisnatural.com/images/PDF/pflchart09.pdf](http://www.disabilityisnatural.com/images/PDF/pflchart09.pdf)

**EXAMPLES OF PEOPLE FIRST LANGUAGE**  
by Kathie Snow, visit [www.disabilityisnatural.com](http://www.disabilityisnatural.com) to see the complete article

Remember: a disability descriptor is simply a medical diagnosis. People First Language respectfully puts the person before the disability. A person with a disability is more like people without disabilities than different.

SAY:	INSTEAD OR:
People with disabilities.	The handicapped/be disabled.
He has a cognitive disability/diagnosis.	He's mentally retarded.
She has autism (or a diagnosis of...).	She's autistic.
He has Down syndrome (or a diagnosis of...).	He's Down's; a mongoloid.
She has a learning disability (diagnosis).	She's learning disabled.
He has a physical disability (diagnosis).	He's a quadriplegic/s crippled.
She's of short stature/she's a little person.	She's a dwarf/midget.
He has a mental health condition/diagnosis.	He's emotionally disturbed/mentally ill.
She uses a wheelchair/mobility chair.	She's confined to/s wheelchair bound.
He receives special ed services.	He's in special ed.
She has a developmental delay.	She's developmentally delayed.
Children without disabilities.	Normal or healthy kids.
Communicates with her eyes/device/etc.	Is non-verbal.
People we serve.	Client, consumer, recipient, etc.
Congenital disability.	Birth defect.
Brain injury.	Brain damaged.
Accessible parking, hotel room, etc.	Handicapped parking, hotel room, etc.
She needs... or she uses...	She has problems with/has special needs.

**Keep thinking—there are many other descriptors we need to change!**

Excerpted from Kathie's People First Language article, available at [www.disabilityisnatural.com](http://www.disabilityisnatural.com).

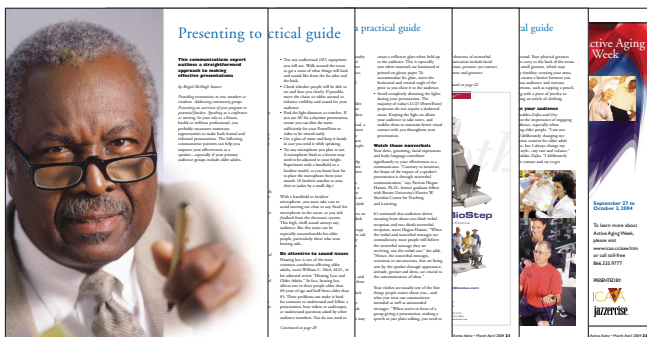
Copyright 2005-12 Kathie Snow. All Rights Reserved. You may print and/or make copies of this document to use as a handout (non-commercial use). Before using it in any other way (on websites, blogs, newsletters, etc.) and to comply with copyright law, see the Terms of Use at [www.disabilityisnatural.com](http://www.disabilityisnatural.com). While you're there, sign up for the free Disability is Natural E-newsletter! (1/12)

## Presentations

### Presenting to 50-Plus Audiences: A Practical Guide

The article “Presenting to 50-Plus Audiences: A Practical Guide” published in the *Journal on Active Aging* (2004) provides pertinent information on presenting to adult audiences 50 and older.

[www.activeforlife.info/newsroom/files/Presenting%20to%20adults.pdf](http://www.activeforlife.info/newsroom/files/Presenting%20to%20adults.pdf)

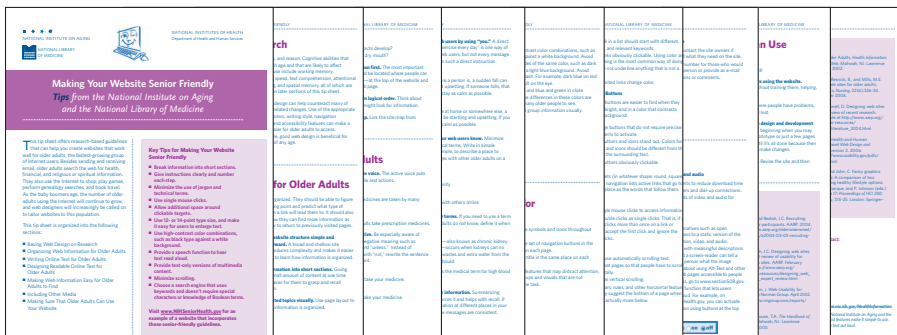


## Websites

### Making Your Website Senior-Friendly – Tips from the National Institute on Aging and the National Library of Medicine

The National Institute on Aging compiled a list of tips of special considerations and guidelines that will help the outreach worker develop websites that are friendly to the older adult.

[www.nia.nih.gov/sites/default/files/Sr\\_Web\\_tips\\_forweb\\_final\\_032509\\_0.pdf](http://www.nia.nih.gov/sites/default/files/Sr_Web_tips_forweb_final_032509_0.pdf)



# Outreach Toolkits

## Senior Outreach: Engaging Special Populations

The United States Department of Agriculture (USDA) developed an all-inclusive national outreach toolkit for SNAP. The senior outreach section provides a great overview of older adults in America and effective SNAP outreach strategies including addressing barriers and challenges, creating effective outreach messaging, material development and distribution, event planning, and creating partnerships.


[www.fns.usda.gov/snap/outreach/pdfs/toolkit/2011/Community/Special-Populations/senior\\_outreach.pdf](http://www.fns.usda.gov/snap/outreach/pdfs/toolkit/2011/Community/Special-Populations/senior_outreach.pdf)

<p><b>Senior Outreach</b></p> <p><b>Section 1: Understanding Why Seniors Are a Critical Audience</b></p> <p>Seniors affect the majority of Americans—right across all political affiliations, ethnicities, religions, and socioeconomic backgrounds. In fact, seniors represent nearly 20 percent of the U.S. population. The senior outreach section provides a great overview of older adults in America and effective SNAP outreach strategies including addressing barriers and challenges, creating effective outreach messaging, material development and distribution, event planning, and creating partnerships.</p> <p><b>What Does This Chapter Hope To Accomplish?</b></p> <p>This chapter is designed to help address the unique needs of seniors by providing information on how to reach seniors and how to create an outreach strategy that is effective for this population. This chapter includes information on the following topics:</p> <ul style="list-style-type: none"> <li>Understanding why seniors are a critical audience</li> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul> <p><b>Effective Outreach Strategies</b></p> <p>Seniors are often on fixed incomes and may have limited mobility. Outreach strategies should focus on reaching seniors in their homes or at community centers. Outreach materials should be large and easy to read. Outreach events should be held in accessible locations and at convenient times.</p> <p><b>Education</b></p> <p>Seniors are often on fixed incomes and may have limited mobility. Outreach strategies should focus on reaching seniors in their homes or at community centers. Outreach materials should be large and easy to read. Outreach events should be held in accessible locations and at convenient times.</p>									
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## Making a Difference: Effective SNAP Strategies Tailored to Target Groups and Locations – Strategies for Reaching Older Americans

The Food Research and Action Center (FRAC) developed a SNAP outreach toolkit that highlights strategies and focuses on underserved populations, including older Americans, and how to reach eligible populations where they gather, shop, learn, work, and access other services.

[www.frac.org/pdf/making\\_a\\_difference.pdf](http://www.frac.org/pdf/making_a_difference.pdf)

<p><b>Making a Difference</b></p> <p><b>Effective SNAP Strategies Tailored to Target Groups and Locations</b></p>  <p><b>Food Research and Action Center</b></p> <p>October 2011</p> <p>FRAC 1875 Connecticut Avenue, NW Washington, DC 20006 (202) 988-2000 www.frac.org</p>	<p>who are not on the High Five of SNAP eligibility.</p> <p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>	<p>FRAC's outreach strategy for seniors includes:</p> <ul style="list-style-type: none"> <li>Identifying barriers to SNAP participation for seniors</li> <li>Developing an outreach strategy for seniors</li> <li>Creating effective outreach materials for seniors</li> <li>Identifying ways to help seniors overcome barriers to SNAP participation</li> </ul>
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## Senior Food Insecurity and Threat of Hunger Rates

*Senior Hunger in America 2010: An Annual Report* by Ziliak J.P., & Gundersen, C. (May 2012)

<http://www.nfesh.org/#/research/4570613631> – Click on full report for Senior Hunger in America 2010: An Annual Report, at the bottom of the page.

	<p>Senior Hunger in America 2010: An Annual Report</p> <p>Prepared for the Meals on Wheels Research Foundation, Inc.</p> <p>May 1, 2012</p> <p>Professor James P. Ziliak University of Kentucky</p> <p>Professor Craig Gundersen University of Illinois</p>	<p>Senior Hunger in America 2010: An Annual Report</p> <p>Prepared for the Meals on Wheels Research Foundation, Inc.</p> <p>May 1, 2012</p> <p>Professor James P. Ziliak University of Kentucky</p> <p>Professor Craig Gundersen University of Illinois</p>	<p>Senior Hunger in America 2010: An Annual Report</p> <p>Prepared for the Meals on Wheels Research Foundation, Inc.</p> <p>May 1, 2012</p> <p>Professor James P. Ziliak University of Kentucky</p> <p>Professor Craig Gundersen University of Illinois</p>	<p>Senior Hunger in America 2010: An Annual Report</p> <p>Prepared for the Meals on Wheels Research Foundation, Inc.</p> <p>May 1, 2012</p> <p>Professor James P. Ziliak University of Kentucky</p> <p>Professor Craig Gundersen University of Illinois</p>
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*Senior Hunger in the United States: Differences across States and Rural and Urban Areas* by Ziliak, J.P., & Gundersen, C. (2009, September)  
University of Kentucky Center for Poverty Research Special Reports

[www.mowaa.org/Document.Doc?id=193](http://www.mowaa.org/Document.Doc?id=193)

	<p>Senior Hunger in the United States: Differences across States and Rural and Urban Areas</p> <p>Prepared for the Center for Poverty Research, University of Kentucky</p> <p>September 2009</p> <p>James P. Ziliak, Ph.D. Gottrow Endowed Chair in Microeconomics Director of the Center for Poverty Research University of Kentucky</p> <p>Craig Gundersen, Ph.D. Associate Professor Department of Agricultural and Consumer Economics University of Illinois</p>	<p>Senior Hunger in the United States: Differences across States and Rural and Urban Areas</p> <p>Prepared for the Center for Poverty Research, University of Kentucky</p> <p>September 2009</p> <p>James P. Ziliak, Ph.D. Gottrow Endowed Chair in Microeconomics Director of the Center for Poverty Research University of Kentucky</p> <p>Craig Gundersen, Ph.D. Associate Professor Department of Agricultural and Consumer Economics University of Illinois</p>	<p>Senior Hunger in the United States: Differences across States and Rural and Urban Areas</p> <p>Prepared for the Center for Poverty Research, University of Kentucky</p> <p>September 2009</p> <p>James P. Ziliak, Ph.D. Gottrow Endowed Chair in Microeconomics Director of the Center for Poverty Research University of Kentucky</p> <p>Craig Gundersen, Ph.D. Associate Professor Department of Agricultural and Consumer Economics University of Illinois</p>	<p>Senior Hunger in the United States: Differences across States and Rural and Urban Areas</p> <p>Prepared for the Center for Poverty Research, University of Kentucky</p> <p>September 2009</p> <p>James P. Ziliak, Ph.D. Gottrow Endowed Chair in Microeconomics Director of the Center for Poverty Research University of Kentucky</p> <p>Craig Gundersen, Ph.D. Associate Professor Department of Agricultural and Consumer Economics University of Illinois</p>
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*The Causes, Consequences, and Future of Senior Hunger in the United States* by Ziliak, J.P., Gundersen, C., Haist C. (2008, March)

[www.mowaa.org/Document.Doc?id=13](http://www.mowaa.org/Document.Doc?id=13)



### SNAP Senior Participation Rates

*State Trends in Supplemental Nutrition Assistance Program Eligibility and Participation Among Elderly Individuals*. Final Report by Cunyningham, Karen (2010, September). Mathematica Policy Research. This report provides state-level elderly SNAP participant eligibility data. [http://mathematica-mpr.com/publications/pdfs/nutrition/SNAP\\_elderly.pdf](http://mathematica-mpr.com/publications/pdfs/nutrition/SNAP_elderly.pdf)

*Building a Healthy America: A Profile of the Supplemental Nutrition Assistance Program* by United States Department of Agriculture, Food and Nutrition Service, Office of Research and Analysis (2012, April). This paper provides an overview of SNAP.

[www.fns.usda.gov/ora/menu/Published/SNAP/FILES/Other/BuildingHealthyAmerica.pdf](http://www.fns.usda.gov/ora/menu/Published/SNAP/FILES/Other/BuildingHealthyAmerica.pdf)



## APPENDIX E:

# Talking Points for Promoting CalFresh to Older Adults

Older adults are often reluctant to apply for CalFresh benefits due to perceived barriers. These talking points can help affirm the client's dignity, address client concerns about applying, and highlight the many benefits of participation.

- **CalFresh is a nutrition program, not a welfare program.**
  - ▶ CalFresh can help you and your family buy the food you need for good health.
  - ▶ CalFresh is designed to help people when money is tight. Sometimes people need a little extra help. You've worked hard and paid for this benefit.
  - ▶ CalFresh allows you to have more money to purchase other things you need such as medicine, utilities, and personal items.
- **CalFresh is easy to use.**
  - ▶ Each month CalFresh benefits are issued on an electronic benefit transfer (EBT) card – like an ATM card. The EBT card can be used at most grocery stores, discount chains, farmers' markets, and neighborhood stores.
  - ▶ You may be eligible to use your EBT card in certified restaurants in some counties.
  - ▶ If you are not mobile enough to get to the store, you may choose someone to go shopping for you, using your CalFresh benefits. This person is considered your "authorized representative." It could be a friend, a relative, a caretaker, someone who works for an agency, or anyone else you choose to "represent" you.
- **Applying for CalFresh is made easier for older adults.**
  - ▶ Special rules make it easier for adults aged 60 or older to get CalFresh (e.g., no gross income test, no requirement for a face-to-face interview).
  - ▶ You don't need to go into a county CalFresh office to apply. All communication can be conducted via mail, phone, fax, or online.
  - ▶ A phone interview is your right and is an option available to you. Just make sure you request it when the eligibility worker calls to set up an appointment with you.
  - ▶ Recent changes in program regulations may make you eligible, even if you weren't eligible in the past.
  - ▶ If everyone in the household is either aged 60 or older, or has a disability, recertification is only required every two years, and no quarterly/semi-annual reporting is required; you only need to report when changes occur to your household composition, income, or address.
- **CalFresh helps the state and local economy.**
  - ▶ Using CalFresh helps your state and local economies. Every dollar in CalFresh benefits generates \$1.79 in economic activity.<sup>1</sup>

<sup>1</sup> Shimada, Tia. (February 2012). Lost Dollars, Empty Plates- The Impact of CalFresh Participation on State and Local Economies. California Food Policy Advocates. Retrieved on March 9, 2012 from <http://cfpa.net/lost-dollars-empty-plates-2012>

- ▶ If everyone who is eligible for CalFresh participated in the program, approximately \$4.9 billion in additional federal nutrition assistance dollars would come into California each year. This federal money would generate approximately \$8.7 billion in additional economic activity statewide per year.
- **Apply for CalFresh. It is worth the benefit.**
  - ▶ Sixteen dollars is the *minimum* benefit for one person on CalFresh. The maximum benefit for a one-person household is \$200/month.<sup>2</sup> Even with just \$16/month, that adds up to \$192/year.<sup>3</sup>
  - ▶ Would you throw away a coupon for \$16?
- **You've earned these benefits.**
  - ▶ Receiving CalFresh benefits does not mean you are taking the benefit away from someone you think may deserve it more. Everyone who applies and is determined to be eligible will get CalFresh benefits. The USDA sets aside funds for the program, and when people who are eligible don't participate in the program, millions of dollars go unused. This is money that can help stimulate your local economy and help create jobs in your community.
  - ▶ You worked hard and the taxes you paid helped to create CalFresh. Now it's time to let it help you buy the healthy foods you like to eat.



<sup>2</sup> SNAP Benefits October 2011-September 2012. United States Department of Agriculture. Retrieved March 9, 2012 from [http://www.fns.usda.gov/snap/applicant\\_recipients/eligibility.htm](http://www.fns.usda.gov/snap/applicant_recipients/eligibility.htm)

<sup>3</sup> Barber, L. & Dowd Eisenhower, N. SNAP and the Aging Network. Webinar March 2012. National Council on Aging. Slides 22 and 26.

## APPENDIX F:

# Understanding CalFresh & the Older Adult

Reference this PowerPoint presentation on the CD included with this toolkit for a comprehensive look at CalFresh and older adults.



## Status of Older Adults in California

- Struggling to make ends meet
- Losing their job, facing job discrimination, or physically unable to find jobs
- Retiring, living longer, and outliving their savings
- Impacting their ability to access nutritious food



## APPENDIX G:

## All About the “Ss”

**Characteristics Unique to Individuals Receiving Income Benefits**

Many people who are temporarily or permanently out of the workforce receive supplemental income from the federal government.

**What is the relevant CalFresh Regulation?**

There are four “S” programs that may supplement an individual’s income. In California the Supplemental Security Income (SSI) program disqualifies an individual from CalFresh. Supplemental Security Income (SSI) is a federally funded program that provides income support to individuals if they are aged 65 or older, blind, or disabled. SSI benefits are also available to qualified blind or disabled children.

The State Supplemental Payments (SSP) program is the state program that adds to SSI. Both SSI and SSP benefits are administered by the Social Security Administration (SSA). Eligibility for both programs is determined by the SSA using federal criteria. If you qualify for SSI in California, you qualify for SSP. The benefits are in the form of cash assistance.<sup>1</sup> All SSI recipients in California are described as SSI/SSP recipients.

**How is the regulation applied to CalFresh applicants?**

Supplemental Nutrition Assistance Program (SNAP)/CalFresh regulations at 7 CFR273.20 (a) make individuals who receive SSI benefits and/or SSP as a resident of California ineligible to receive CalFresh. This is because the state’s SSP includes the value of the CalFresh allotment.

However, individuals in California who were suspended from the SSI program due to state budget cuts that reduced their SSP grant to \$0 are now eligible for CalFresh. This is because of a waiver obtained in 2011 by the California Department of Social Services (CDSS) from the United States Department of Agriculture (USDA) Food and Nutrition Services (FNS).<sup>2</sup>

**Based on the regulation, how do we prescreen for CalFresh?**

Ask candidates if they are receiving any supplemental income and verify what type of supplemental income they are receiving (see chart on the next page). Some candidates may think they are receiving SSI/SSP and that they aren’t eligible for CalFresh when they are actually only receiving Social Security Retirement Income. If the candidate states that he or she is receiving SSI/SSP, refer this candidate to the CalFresh office for eligibility determination.

<sup>1</sup> <http://www.cdss.ca.gov/agedblinddisabled/PG1422.htm>

<sup>2</sup> [www.socialsecurity.gov/retirement](http://www.socialsecurity.gov/retirement)

**SS<sup>2</sup>**

## PRESCREEN FOR CALFRESH

**Social Security Retirement Income**

SS Retirement Income (often called Social Security) is part of the retirement plan for almost every American worker. An individual qualifies for Social Security by earning Social Security credits when they work in a job and pay Social Security taxes. An individual may apply for and receive SS payments when they reach retirement age, which is usually between age 62 and age 67.

**SSI/SSP<sup>3</sup>****NOT ELIGIBLE** FOR CALFRESH**Supplemental Security Income/  
Supplemental Security Payment**

SSI is a federal income supplement funded by general tax revenue. It pays benefits to:

- Disabled adults and children who have limited income and resources.
- People age 65 and older who have limited income and resources.

In California, the state adds an additional payment known as SSP to all SSI amounts to cover the cost of food. Refer SSI/SSP recipients to the eligibility worker for further information.

**SSDI<sup>4</sup>**

## PRESCREEN FOR CALFRESH

**Social Security Disability Insurance**

Social Security Disability Insurance (SSDI) provides benefits to individuals no longer able to work because of a serious medical or psychological disability.

SSDI is funded by payroll taxes and does not depend on the individual's income level. It is based on the individual's work history and their degree of disability.

**SDI<sup>5</sup>**

## PRESCREEN FOR CALFRESH

**State Disability Insurance**

California State Disability Insurance (SDI) is a partial wage-replacement insurance plan for California workers. SDI programs are state-mandated and funded through employee payroll deductions.

**SDI has two programs:**

- Disability Insurance (DI) for those who suffer a loss of wages when they are unable to work due to a nonwork-related illness or injury, or due to pregnancy or childbirth.
- Paid Family Leave (PFL) is for workers who suffer a loss of wages when they need to take time off from work to care for a seriously ill child, spouse, parent, or registered domestic partner, or to bond with a new child.

<sup>2</sup> [www.socialsecurity.gov/retirement](http://www.socialsecurity.gov/retirement)

<sup>3</sup> [www.socialsecurity.gov/pgm/ssi.htm](http://www.socialsecurity.gov/pgm/ssi.htm)

<sup>4</sup> [www.socialsecurity.gov/pgm/disability.htm](http://www.socialsecurity.gov/pgm/disability.htm)

<sup>5</sup> [www.edd.ca.gov/disability](http://www.edd.ca.gov/disability)

## APPENDIX H:

# Elderly/Disabled CalFresh Outreach Deductions Checklist

Worksheet I:

## CalFresh Outreach Elderly/Disabled Deductions Checklist



**Excess Shelter Costs:** Households with members who are age 60 and older or who have a disability can deduct the **full amount** of excess shelter costs.

**Dependent Care Deduction:**<sup>1</sup> The total amount paid in child or adult care by the eligible household member can be deducted when the expense is necessary so that household member can: accept or continue employment, seek employment, comply with Food Stamp Employment and Training (FSET) requirements, or pursue education or training that is preparatory to employment (connected to Welfare-to-Work activities). Receipts with names of the dependent and the person who paid for the care are needed, and the amount should be prorated if not all costs are paid by eligible household member. The person who receives the care must live in the home but does not have to be in the CalFresh household. For example, the cost of adult care for a Supplemental Security Income (SSI) adult is an allowable deduction. The care provider cannot be a member of the CalFresh household.

**Excess Medical Expenses:** A household with at least one elderly or disabled household member can deduct that member's nonreimbursed medical expenses over \$35. The household member must be 60 years or older, or be disabled as defined by CalFresh regulations.<sup>2</sup> Only medical expenses that the household paid for out of pocket can be deducted. Expenses that are covered by Medi-Cal or other public or private medical insurance cannot be deducted. Deductible expenses include:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Costs of medical and dental care, including co-payment for visits</li> <li><input type="checkbox"/> Hospitalization or nursing care (including hospitalization or nursing care of an individual who was a household member immediately prior to entering a hospital or nursing home)           <p style="margin-left: 20px;">Note: A household with a hospital bill can deduct the entire amount that is not reimbursable by any public or private insurance coverage. A hospital bill is considered a one-time medical expense. The household can either have a one-time-only deduction or have the expense averaged out over the remaining months of its certification period.</p> </li> <li><input type="checkbox"/> Prescription medication (when prescribed) and medical supplies (such as special bandages, glucose strips, etc.)</li> <li><input type="checkbox"/> Over-the-counter medication (including insulin and vitamins), when approved by a qualified health professional</li> <li><input type="checkbox"/> Health and hospitalization insurance premiums (excluding the costs of health and accident or income maintenance policies)</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Medicare premiums or Medi-Cal share of cost</li> <li><input type="checkbox"/> Dentures, hearing aids, and prosthetics</li> <li><input type="checkbox"/> Costs for obtaining/maintaining service animal including costs of food and veterinarian bills</li> <li><input type="checkbox"/> Reasonable transportation and lodging expenses needed to obtain medical treatment</li> <li><input type="checkbox"/> Special telephone equipment for a person with disabilities</li> <li><input type="checkbox"/> Prescription eyeglasses and contact lenses</li> <li><input type="checkbox"/> Attendant services performed by someone outside of the household (even if that person is a relative) and meals provided to the "attendant" (i.e., meals for the caretaker being paid to take care of the elderly or disabled person)</li> <li><input type="checkbox"/> Rehabilitation services</li> <li><input type="checkbox"/> Psychotherapy</li> </ul> |
|---|---|

1. While this deduction applies to all households, it is included on this checklist to remind workers who may be screening households that have an elderly or disabled person who needs care.

2. See <http://www.dss.cahwnet.gov/Forms/English/DFA285C.PDF> for definition of elderly and disabled in CalFresh regulations.



If the household has not yet paid, has not received a bill, and cannot reasonably anticipate the expense amount, the CalFresh office will not allow the deductions. If the household receives a medical bill, other than for hospital expenses, the deduction should be determined in the following ways:

Insurance Status of Elderly or Disabled Household Member	Household Deduction
Insured by Medicare, Blue Cross/Blue Shield, or other private insurance company	In excess of \$35
Covered by Medi-Cal [Medicaid]	Member's share of cost or the doctor's bill, whichever is less
Uninsured	Total amount of the uninsured medical expenses that can be verified

**Reminder: Title V income is not counted as income.** Income received through the Senior Community Service Employment Program (Title V), such as hourly tax-free wages, reimbursement for transportation expenses, end-of-service stipends, and education awards.

Source: California Guide to Food Benefits, <http://foodstampguide.org/>