

Kev Pab Tshaj No Ntxiv

Tej zaum koj kuj nrhiav tau lwm txoj kev pab los txhawb koj tus kheej thiab koj tsev neeg thaum koj tseem npaj mus kom txog koj cov hom phiaj hauv Cal-Learn. Kev pab tshaj no ntxiv muaj xws li:

WIC

Kev pab rau cov Pojnim, Menyuam Mos, thiab Menyuam yaus, uas paub zoo dua mas hu ua WIC, yog kev pab rau faim zaub mov thiab kev noj kom zoo uas muaj kev qhia txog kev noj kom zoo rau yus lub cev, hom zaub mov zoo thiab kev qhia txog pub niam mis rau menuam.

CalFresh

Hauv txoj kev pab no koj kuj muaj kev pab los yuav zaub mov rau koj tsev neeg noj.

Medi-Cal

Hauv Medi-Cal koj kuj yuav tau txais kev pab rau thaum koj lub cev tseem xeeb tub thiab kev soj ntsuam tom qab koj yug tau menuam lawm. Koj kuj yuav tsim nyog tau txais ntawv kho mob txhua yam thiab. Koj tus menuam kuj yuav tau kev kho pab xws li xav tshuaj tiv thaiv kab mob thiab kev pab kom menuam loj hlob zoo.



Kev Pab Qhia Txog Yuav Npaj Rau Tsev Neeg (Family Planning Services)

Taum yug tau tus menuam lawm, koj yuav tau xav txog cov kev caiv menuam. Muaj cov kev pab uas tsis tau them dab tsi hlo li thiab muaj cov them tsawg tsawg xwb kom los pab koj rau qhov ntawv. Koj tus kws kho mob yuav qhia tau rau koj saib hom kev caiv menuam twg thiab li yog hom zoo rau koj. Yog ib qho tseem ceeb uas yuav tau nras txog hais tias poj niam kuj muaj tsab peev xwm xeeb tub dua thaum lawv tseem pub niam mis rau lawv tus menuam.

Kuj muaj lwm cov kev pab ntxiv thiab. Mus nrog tus neeg tuav koj cov ntaub ntawv tham kom paub tshaj no ntxiv thiab kom tau kev pab.

Zej Zog Lub Npauv Ntaus Thwj

Yog xav paub tshaj no ntxiv
txog Cal-Learn, mus cuag:



Ncav Kom Cuag
Koj Cov Kev
Npau Suav nrog rau
Cal-Learn



Txhua tus neeg nyob rau hauv cov duab no
tsuas neeg ua haujlwm siv los yees duab
xwb thiab tsuas siv cov duab no xwb.

State of California
LUB LAV CALIFORNIA

Health and Human Services Agency

ROOJ TSAV XWM KHO MOB
THIAB PAB TIB NEEG

Department of Social Services

CHAW TUAM TSEV PAB
ZEJ TSOOM

PUB 367 (HM) (04/13)



Yog ib txoj kev pab thoob plaws lub xeev los
pab rau cov tub hluas ntxhais hluas uas cev
xeeb tub thiab yog menuam niam menuam
txiv ua tau txais CalWORKs/TANF kom kawm
tiav high school, kom los pab tau lawv tus
kheej thiab tsim kom muaj tsev neeg zoo.

Cal-Learn yog dab tsi?

Cal-Learn yog ib fam kev pab rau thoob plaws lub xeev rau cov tub hluas ntxhais hluas uas cev xeeb tub thiab twb yog menuam niam menuam txiv lawm, cov niam thiab cov txiv tib si, cov uas tau txais CalWORKs/TANF. Nov tsis yog ib lub tsev kawm ntaww. Lub hom phiaj ntawm Cal-Learn yog los pab cov tub hluas ntxhais hluas kom kawm tag high school, kom los pab tau laww tus kheej thiab tsim kom muaj tsev neeg zoo.

Kus puas yuav tau muaj kev raus tes?

Yog hais tias koj lub cev xeeb tub lossis koj yog menuam niam thiab txiv es koj tseem yog tub hluas ntxhais hluas uas tau txais kev pab los ntawm CalWORKs/TANF, koj yuav tsum koom tes nrog rau Cal-Learn. Muaj tej co tub hluas ntxhais hluas uas yuav txwv tsis tau kev pab lossis kev pab yuav los qeeb nyob ntawm cov xwm txheej uas tshwm sim.

Yuav kom tsim nyog tau kev pab los ntawm Cal-Learn koj yuav tsum:

- nyob tib tse nrog rau koj tus menuam
- tsis tau muaj 19 xyoos
- tsis tau muaj high school diploma lossis daim GED
- tsis nyob nrog niam qhuav txiv qhuav



Yog xav paub tshaj no ntxiv thiab kom paub meej txog koj tkoj kev koom tes nrog rau Cal-Learn mus nrog tus neeg ua haujlwm hauv Cal-Learn ntawm koj lub zej zog tham.

Kawm Kom Tau Koj Daim Diploma

Thaum nkag tau rau hauv Cal-Learn lawm koj yuav muaj ib tus neeg tuav ntaub ntaww (case manager) uas yuav los pab tsim tkoj hau kev kom koj kawm tiav high school lossis kom tau daim GED. Yog hais tias koj tseem tsis tau kawm ntaww tam sim no, koj tus neeg tuav taub ntaww yuav pab kom koj nkag tau rov qab mus kawm ntaww lossis pab nrhiaav kom tau lub tsev kawm ntaww kom muaj kev pab zoo rau koj. Cov kev pab no muaj xws li:



Soj ntsuam saib hom kev pab twg thiab hom kev txhawb twg yog hom yuav pab tau koj kom koj mus txog koj lub hom phiaj ntawm tkoj kev kawm ntaww.

Tsim tkoj hau kev kom koj tua txais cov kev pab uas koj xav tau thiab kom koj nkag tau hauv ib lub tsev kawm ntaww.

Ua kiag kom npaj mus kom txog koj cov hom phiaj.

Ceev tseg kom paub meej hais tias koj yeej ua tau zoo kom tau koj daim diploma lossis daim GED thiab kom txog lwm cov hom phiaj.

Rov los soj tkoj hau kev los xyuas saib qhov twg mus tau zoo thiab qhov twg mus tau tsis zoo.

Tau Nyiaj Ntsuab lossis Kev Nplua

Cal-Learn muab khoom plig rau kev ua zoo pem tsev kawm ntaww thiab ho rau txim yog hais uas tsis zoo.

Ua tau zoo ces yuav tau khoom plig:

Tau qhab nia zoo thiab xa koj daim report card txhua zaus uas tsim tawm = \$100 ntxiv rau koj tsev neeg qhov nyiaj pab txhua zau uas txog sij hawm tsim daim report card. Kawm tiav hlo high school = \$500 muab pub rau koj.

Ua tau tsis zoo ces yuav raug nplua:

Tau qhab nia qis tshaj tus D thiab ho tsis xa koj daim report card txhua zaus uas txog sij hawm xa = \$100 yuav raug rho los ntawm qhov nyiaj pab rau koj tsev neeg rau ib daig report card twg.

Tswj Ntaub Ntawv Kom Koj Ua Tau Zoo

Tus neeg tuav koj cov ntaub ntawv yuav pab koj tshaj li ntawm kev kawm ntawv xwb. Muaj ntau yam kev pab txhawb uas tej zaum yuav pab tau koj daws cov teeb meem uas tshwm sim yeeb vim koj yog menuam niam menuam txiv thaum tseem hluas xws li:

Nqi zov menuam

Cal-Learn qhov kev pab kuj muaj kev pab them nqi zov menuam thaum koj tseem kawm ntaww. Yog hais tias koj ua haujlwm thiab mus kawm ntaww, tej zaum koj kuj tsim nyog tau kev pab nqi zov menuam thaum koj nyob pem haujlwm.

Nqi kawm ntawv

Kev xeem daim GED, nqi ntawv thiab nqi mus xyaum tom tsev kawm ntawv (lab) yog tej yam nqi uas kev pab los ntawm Cal-Learn kuj pab koj them rau tsev kawm ntawv.

Nqi tsheb thauj mus los

Koj kuj yuav tau kev pab los them nqi tsheb thauj mus los pem tsev kawm ntaww.

Kev pab txhawb

Tus neeg tuav koj cov ntaub ntawv kuj yuav muaj kev pab qhia koj mus rau lwm cov koo haum uas muaj kev pab rau qee yam teeb meem uas raug koj xws li:

- plaub ntug
- kev niam txiv sib ntaus
- kev muaj mob
- vaj tse dia hau